

# relevance

CAREER OPTIONS FOR YOUR FUTURE

# 2014



## Trending Your Career!

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**SAFETY**

**15** Resume  
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**40** Financial  
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# Trend Your **Career** with Relevance 2014!

Welcome to the 2014 edition of Relevance Magazine: Career Options for Your Future. Our theme this year is Trending Your Career, and we've included articles, tips, profiles, links and resources to help you do just that.

Trending your career is about finding your way in a rapidly changing job market. You're part of a new generation—the way you work, the jobs you work at and the skills you build are very different from your parent's generation. You have more choices than ever before. But with so many careers to choose from, it can seem overwhelming to find the 'right' career path.

Relevance helps open the door to possibilities. Our peer profiles showcase young people in a variety of careers, who share how they made their choices. We've also got articles on financial literacy, the latest trends in resumes and how to make the most of volunteer experience.

The most powerful tool is the Job Chart in the middle section. It features up-to-date information on a wide range of careers, including the post-secondary institutions that can help you get there, employment prospects and earning potential. Use the Job Chart to discover career opportunities that will continue throughout your lifetime.

Whether you've already decided on a career path or you're just starting to explore the opportunities, never be afraid of the journey. Find careers that match your talents, your skills and your interests. Trend your career, your way!

**Relevance magazine is produced by the Saskatoon Industry-Education Council.** We would like to thank the Saskatchewan Ministry of the Economy and our post-secondary institutions for their long-term support.

We would also like to acknowledge the individuals who help make Relevance a reality. Thank you to Janet Uchacz-Hart and Shana Stewart (Saskatoon Industry-Education Council), Ministry of the Economy (Job Chart), Chad Hein (designer), Bev Fast (editor), Lee Reaney (contributing writer), Red Storm Image (photography) and Mike Klein of Meshy (website development).

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**Relevance Magazine** is launching a new website and to celebrate we are giving away an **iPad Mini!**

For your chance to win, visit [www.relevancemag.ca/contest](http://www.relevancemag.ca/contest) and tell us how you would use the Relevance Magazine in your career planning.

Contest ends March 31st, 2014. The winner will be selected by random draw.

Be sure to visit the site over the coming months for regular posts about job prospects, quizzes about your skill-set and links to great career planning sites. Enhance your planning for the future.

[www.relevancemag.ca/contest](http://www.relevancemag.ca/contest)

# Trending YOUR CAREER!

## Follow Your Interests

With so many choices—and so many voices telling you what you should do—figuring out your career path can seem overwhelming. Your family will want what's best for you and friends will want to help, but when it comes right down to it, it's all about you and what you want for your life.

"When I was young I listened a bit too much to what other people thought I'd be good at, rather than taking a long hard look at myself and finding out what makes me tick," says Matt Stovall, a journeyman carpenter and carpentry instructor at the Saskatoon Correctional Centre. "For me, it was about finding a job I was happy doing. It took me a while to find my niche and to realize that this is what I really enjoy doing."

Kelsi Palmer's original career plan took a detour at university when she discovered an interest in anatomy. After reviewing several career options, she chose to study funeral services at SIAST.

"Sometimes, as a young woman in the program I found that people doubted me," Kelsi says. "They would ask me, 'why would you want to do this job?' All I could say was that it felt right for me, and that was enough."

## Develop Your Skills

What if you like a certain field, but you don't think you have the necessary skills? "Not having those skills shouldn't stop you," Matt says. "The guys I teach mostly have pretty basic education, so before they could learn the math component of the carpentry course, we had to go back and teach the basics. They were quick to pick up the skills. When they did the math final, there wasn't one mark lower than 75%."

The message? Never give up on yourself. Find out what skills you need for the job you want, and go get them. There are plenty of resources to help you. Ask the counsellor or teacher at your school, or visit the student services office at your post-secondary institution.

## Volunteer to Build Soft Skills

'Soft' skills are your people skills as well as your personal attitudes and work habits. These include things like being a good team player, communicator and problem-solver, someone who can learn from mistakes and accept feedback from superiors.

It takes time and experience to build up these soft skills. Volunteering is a great way to get a bit of both. Whether you volunteer a few hours a week or get involved in a concentrated or travel-based volunteer experience, you'll build self-confidence and self-worth alongside the soft skills.

## Create a Professional Online Presence

If you're like 1+ billion other people on the planet, you use Facebook, the social media tool that lets us keep track of our friends. You might also use other social media tools: Twitter, Tumblr, Instagram, Reddit and so on.

These tools are great for networking, but the undisputed winner in business social media is LinkedIn. For those of you new to LinkedIn, it operates much like Facebook—except you won't need to be afraid to add your boss as a friend. In fact, unlike other social media tools, there's a good chance your LinkedIn profile could lead to your next job.

Whether you think of it as your online resume or your business social media, a professional LinkedIn page is as important for your career as an updated Facebook page is for your social life. Once you have a

"Be aware that every single thing you put online is there forever."

— **Katrina**



Katrina **GERMAN**  
Social Entrepreneur



Kyle **FRISKEN**  
BSW Addictions Counsellor

“The counsellor had me take some tests to see what my interests were and what values mattered to me. That was a big turning point.”  
— **Kyle**

profile, be sure to post the link on your resume. It'll give you a \*thumbs up\* on all the other job-seekers out there. (See our article on Resume Looking Old School? for latest resume trends).

Professional is the key word when creating your online presence. Social media is incredibly powerful—the rule of thumb is, if you wouldn't say it to your mom/teacher/boss/boyfriend, don't post it online or on social media.

What's the big deal? “Before I hire, I always do a thorough online search,” says Katrina German, a social media strategist and founder of OneStory.com. “If you're online presence is full of partying and swearing, that's what people will judge you on. What are you telling people about yourself?”

#### Going it alone?

Choosing a career path is a big decision, but you know what? You don't have to make the decision alone. Talk to people—lots of people: your parents, siblings, friends, teachers, coaches, school counsellors.

“Don't be afraid to talk to people, whether you're struggling with something or just want to know more about something,” adds Brett Payne, a

Trending your career isn't about picking a trendy career, it's about looking at the changing job market and finding out where you fit. You might be surprised to discover how many careers would fit your interests and skills.

Trending your career is also about using the latest online resources to help explore career paths, education and training options, scholarships, internships and volunteering opportunities. You might use your social media savvy to explore the world of work ... or you might use those same skills to create your own career. At the very least, you can use the internet to check out employment and earning prospects for careers you're interested in.

27-year-old denturist. “Things won't get better if you just stew on your own.”

Wherever you live in Saskatchewan, you have access to people whose job it is to help you reach your career goals ... or figure out your career goals. “I was in a kind of freefall before I went to see a career counsellor,” says Kyle Frisken, a graduate of the U of R Bachelor of Social Work program and currently an addictions counsellor in Saskatoon. “I wouldn't have thought about social work, but when the counsellor explained the career path to me, I realized it was right up my alley. It was the first time I was excited about that kind of thing.”

#### Still not sure?

Kyle has some great advice if you're still not sure about your future. “Don't be too concerned about not knowing what you're going to do,” he says. “You learn as you go. Things tend to work out for the best if you go with what feels right for you.”

“Find out what you love to do, look at what's out there, match it up, and do what makes you happy.”

— **Matt**



Matt **STOVALL**  
Journeyman Carpenter, Instructor



# A Slip that Almost Cost HIS LIFE

It was just another routine evening shift in the kitchen at the restaurant where Matthew Bowcott worked as a cook. As part of his closing up duties, he had emptied the deep fryers and was carrying a heavy 10-gallon saucepot full of 375-degree oil for disposal.

One of the other cooks was spraying the kitchen floor, which was another of the nightly duties. As Matthew was carrying the bulky pot of hot oil, he had a gut feeling that something was not right, but he ignored it and carried on.

Matthew had a gut feeling something wasn't right, but he ignored it.

His feet slipped sideways on the wet ceramic tile and down he went, spilling the scalding, hot oil on his body and face. It happened so quickly, Matthew didn't have time to turn his face away. The oil came within a quarter of an inch of his eyes, nose and mouth. Had he swallowed the oil, his organs would have been burned, and he would have died.

The other people working with him in the kitchen immediately threw him outside and started spraying his

body with the hose, trying to wash off the oil and bring his body temperature down.

"The pain was so bad that I didn't even want to live ..."

"The pain was so bad that I didn't even want to live—I said, you know what God, don't even save me — just let me go," says Matthew.

Fortunately, there was an ambulance sitting in the parking lot next to the restaurant and Matthew was rushed to the hospital. These two important points helped to save his life. He was so badly injured the medical staff didn't think he would survive the night. Shortly after being admitted, Matthew flat-lined for two minutes; doctors sedated him and put him on life support.

Matthew spent the next three weeks in the Burn Unit at Vancouver General Hospital receiving treatment for severe burns that covered more than 40 percent of his body. He also received a skin graft from his thigh onto his shoulder and chest. This was a painful process for him and for his family and friends, who were there for support during his recovery.



Matthew's experiences have given him perspective on health and safety. "If the work environment is unsafe for young workers, injuries are inevitable," says Matthew. "We need to emphasize safety and training for everyone, and especially for new or young workers."

Matthew wants young workers to understand that if they don't feel safe, they need to say "no". They have a right to a safe workplace and the right to be properly trained. And if that training isn't made available, they have the right to ask for it.

Matthew doesn't want young workers to have to learn the painful way, like he did.

If something feels wrong, it probably is wrong. There's no such thing as a stupid question at work—just ask. Visit [work2live.ca](http://work2live.ca).

*Thank you to Matthew Bowcott and WorkSafeBC for sharing Matthew's story.*

- If you don't feel safe, you need to say "no".
- You have a right to a safe workplace and the right to be properly trained.
- If training isn't made available, you have the right to ask for it.



**Don't let your first day on the job be your last.**

**MISSION: ZERO**

See something, say something. Speak up for safety. It's your job. Stay safe and look out for the people around you.

Zero injuries. Zero fatalities. Zero suffering.

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Enter to win the **WorkSafe Saskatchewan 2014 Video contest!** Win cash prizes for you and your school. Submit a video up to 2 minutes long with the theme "It's your job—just ask!" Enter by April 18, 2014. Contest details at [work2live.ca](http://work2live.ca).



**See something? Say something.**

**MISSION: ZERO**

Speak up for safety. It's your job. Stay safe and look out for the people around you.

Zero injuries. Zero fatalities. Zero suffering.

**WorkSafe SASKATCHEWAN**  
Work to live.

[worksafesask.ca](http://worksafesask.ca)

# Brett PAYNE

Denturist, Business Partner

*At 18 and fresh out of high school, Brett Payne had no idea what he wanted to do. But he did know two things. First, he wanted to work with people. Second, he wanted to be his own boss. A suggestion from his mom set him on an unexpected career path and today, at just 27, he's already a partner in a thriving denture clinic.*

## Were you thinking of careers in high school?

No, I hadn't thought about any career. My plan after high school was to take a year off, get a job and maybe travel. I did get a job working at a car dealership washing cars, but I realized pretty quickly I didn't want to do it for a whole year. When my mom told me about an interesting conversation she'd had on the golf course, I was willing to listen.

## So your career came about by chance?

Pretty much. My parents were easy going as far as my choosing a career, but my mom knew I didn't know what I wanted to do. She was playing golf and just happened to ask her partner about his career. He was a denturist, and the more she picked his brain, the more she thought it might fit my interests. I thought it was a good fit, too, so I did a career investigation.

## What made you think it was a good fit?

I knew I wanted to work with people, one-on-one, every day. I knew I liked working with my hands and making things. And I knew I didn't always want to work for somebody else, I wanted to be my own boss at some point.

## Who set up the career investigation?

I did. My Mom had asked the denturist if he'd be willing to talk to me, but it was up to me to follow through. I thought about it, then called him up and arranged to go to his office to watch him at work.

## What kind of training do you need to be a denturist?

I took the Denturist Technology program at NAIT in Edmonton. At first, I applied for the sake of applying because the fall program was full. They put me on a waiting list and I didn't think I'd get in till the next year. But the more cars I washed, the more I really wanted to get in, so I phoned just about every day to see if they had an opening. That doesn't actually get you in any faster, but I sure developed a good relationship with their administration people.

## Did you get in?

Yes—the day before classes started! They called me and said someone had declined their spot so it was open. I drove to Edmonton with my dad that night and started school the next day.



Making someone smile again, that gives me the most satisfaction.

## What was the biggest challenge?

Everything was a challenge. I grew up in North Battleford, so Edmonton was a big shock. Just getting to school was a big deal. I had to learn to manage my own money, buy my own food. I struggled at first because I had a lot of growing up to do and I wasn't used to fending for myself.

## Were classes what you expected?

I had some idea of what university would be like from talking to my older brother and sister, but I went to a technical program and it's not the same. For one thing, you go from eight in the morning to five at night, so it's like having a job.

## What happens after you graduate?

When I went, the Denturist Technology program was two years long. After that, I did another two years in a paid internship with a denture clinic. At the end of that, I wrote the licensing exam. Now, the NAIT program is three years long, but the third year is your internship, so you can challenge the licensing exam as soon as you graduate.

## What's the best thing about your job?

Making someone smile again, that gives me the most satisfaction.

## Where do you see yourself in 10 years?

I was made a partner at Allied Denture Clinic in 2011, so I'm excited to see us grow the clinic. With new technology, especially in implants, I really see myself doing more and more implant restorative work.

## The Career

- Denturists examine patients and design, construct and repair removable dentures. Most denturists work in private practice.
- You'll need to complete a 2-3 year post-secondary program in denturism/denturology and write a licensing exam through the Denturist Society of Saskatchewan.
- Related careers include dentists, dental hygienists and therapists, dental technologists and technicians, and dental assistants.

## Learn more

Search the [National Occupational Classification](#) website, NOC code 3221. For information, visit the [Denturist Society of Saskatchewan website](#).





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# Kelsi PALMER

Funeral Service Professional

***Kelsi Palmer's favourite subject in high school was gym. She played everything—golf, volleyball, basketball, hockey, badminton, track, you name it. It's not surprising that her plan after high school was to take physical education at the U of S College of Kinesiology. The surprising part is her detour into a completely different career, one she finds both professionally and personally rewarding.***

## What do you do?

I'm a licensed funeral director and embalmer.

## Not a typical career, how did you get into that?

I was accepted into Kinesiology at the U of S straight from high school. Anatomy turned into my favourite class. I don't know why, but it really interested me. That got me thinking about embalming, which got me thinking about other careers. I discovered the SIAST Funeral Service program, applied and was accepted for the fall 2007 term.

## Did you have to move for school?

I moved from Davidson to Saskatoon to go to university. It was a little intimidating for a small town kid, but it was also my first taste of independence. My parents were very supportive and I got to live with some friends from my high school, which was awesome.

## Was university what you expected?

Yes and no. It was harder than high school, which you expect because that's what everyone tells you. But you don't really get it until you're there. That first year away from home, my focus wasn't as much on my studies as maybe it could have been, and I learned pretty quickly that I did better in classes that interested me. I took two years of university before moving over to SIAST.

## How long was the Funeral Services program?

About a year and a half if you take it full-time. You can take a half-time option, but I went full-time. It's offered by distance education, so you work on your own. You take general courses like computers and psychology, and courses specifically related

to embalming and funeral direction. I took both specialties, but you only have to take one to get your certificate.

## How did you find distance education after being in a classroom?

There's definitely an adjustment. At university, you're often in a class with a hundred other students; with correspondence you're working by yourself. In a way, it allowed me to focus on what I was doing. And having been at university, I was good at delegating my time.

## What skills are important in your profession?

I think having empathy and listening are the most important skills, because that's such a big part of what we do. My job is mostly funeral direction, which means I meet with the family of the deceased to make arrangements for the service, then follow through with those tasks. It's a lot of detail, so you have to be organized.

## What's the toughest part of the job?

When you're dealing with a tragic death or the loss of a child—those days can be difficult. You're here to support families through some of the most difficult days of their lives. You have to be emotionally mature to be in this job; it's not a career that fits everyone.

## What's the best part of your job?

When family members say they couldn't have gone through the past few days without you, that's all I need to hear to make my job worthwhile.

## What do you like most about your job?

I like the fact that every day is different, there's no such thing as a 'usual' day. I like working with people from all walks of life.

## Any advice for students interested in your career?

I'd suggest a couple days of job shadowing before you make a decision to enroll in a program, just so you have a good idea of what the profession involves. It's not Monday to Friday, nine to five. There are a lot of details that most people aren't aware of, so job shadowing will give you a better idea of what's involved.

## The Career

- Funeral directors co-ordinate and arrange all aspects of funeral services. Embalmers prepare the remains of deceased persons for public visitation and burial.
- Both funeral directors and embalmers require a post-secondary diploma and practical apprenticeship, followed by testing and licensing by Funeral and Cremation Services Council of Saskatchewan.
- In Saskatchewan, post-secondary training is offered at SIAST.
- Essential skills include integrity, compassion, understanding of the human condition, enjoy working with people, organizational skills, communication and listening skills, emotional maturity, respect for different religious and cultural beliefs.

## Learn more

Search the [National Occupational Classification](#) website, NOC code 6346.

It's a lot of detail, so you have to be organized.





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# Katrina **GERMAN**

Social Entrepreneur, OneStory.com



**Katrina German is co-founder of OneStory, an online video storytelling platform that empowers ordinary people to share stories about their businesses, their causes, their lives. It's her most recent entrepreneurial venture in a career already chock-full of creative collaborations.**

## **Tell us a bit about OneStory**

OneStory is my passion. It's a crowdsource platform that lets ordinary people create documentaries using our virtual video editing technology. You can gather opinion about social issues, create business and corporate testimonials, get involved in citizen journalism and cause-based change. I think it's a tool that can change the world.

## **What's your role in the company?**

Dale Zak and I are cofounders. He's the technology rockstar. I focus on business development and marketing strategy.

## **When did you launch?**

Officially, March 2013. Our first major campaign was Calgary's "YYC is Open" in June. It was a way for small businesses affected by flooding to tell their story and let people know they were still open. The first day of the campaign we hit 1.3 million impressions on Twitter.

I think it's a tool that can change the world.

## **What's your background?**

My dad was a teacher, so I grew up in A LOT of small towns: Estevan, Young, Edam, Marshall, Dinsmore and a few others. I moved to Saskatoon to go to university.

## **Small town girl in big city – was it scary?**

It was exciting. It was a chance to stretch my wings and be independent. The toughest part was money. I didn't have a very good sense of what it cost to live on my own, so I arrived with \$400 in my pocket and thought that was more than enough. It was gone in a day.

## **How did you support yourself?**

I put myself through university with student loans and part-time jobs. I'd been working part-time since I was 15, so I had a good work ethic. But it was a lot of responsibility.

## **Did you have a career plan?**

I intended to go into law, but realized I didn't want to be a lawyer, so I finished my degree in history. I thought at first I would get a job in a museum. When I couldn't find one, I signed up for a job placement program and got picked up by READ Saskatoon.

## **What was getting that first 'real' job like?**

I felt like I'd earned my stripes, like I could start to see my future. I was making all of \$13 an hour and so excited to be making so much money. I felt rich.

## **Any challenges in those first weeks?**

It was a big learning curve. Being in the non-profit sector exposed me to a lot of social issues I hadn't seen before. It was intense and sad and sometimes shocking to see the things people had to deal in their lives. I learned quickly that you had to take care of yourself so you didn't burn out or become disillusioned.

## **Were you always interested in entrepreneurship?**

My first years out of university I was reacting to things that were coming up, I wasn't proactively making things happen. I had to learn to trust my abilities and understand what I was good at first. I had to spend time on self-growth and skill-growth.

I started my own company, Lifetime Productions, in 2003 to capture people's stories on video. I moved to the country for a while, but eventually moved back to Saskatoon and repositioned the company for film and TV, and then started branching out into social media strategy.

## **Any tips on starting a new business?**

Get a mentor. Reach out to someone you admire. We've been very supported by the business scene in Saskatoon; people here genuinely want to help you. Use the resources available. And use your network to build up your marketing.

## **Where do you see yourself in 10 years?**

I see myself creating new opportunities using technology and social media. I see myself continuing to be a social entrepreneur. Our company is designed to make money, but it's also designed for social good. We're using innovation to contribute to society. I challenge anyone considering a new business to think with social innovation in mind. By thinking smarter, we can change the world.

## **Get Connected**

- Explore the possibilities of social entrepreneurship at [Social Enterprise Canada](#).
- Check out [Canadian Youth Business Foundation](#) for financial support and expert advice.
- Build your network through the [Saskatchewan Young Professionals and Entrepreneurs](#).
- Get an Aboriginal focus on entrepreneurship at the annual [Aboriginal Youth Entrepreneurship Camp](#) at First Nations University of Canada in Regina.
- [Women Entrepreneurs of Saskatchewan Inc.](#) works with women considering starting, purchasing or operating a business to achieve their entrepreneurial goals.
- Join the nation-wide movement at [Startup Canada](#), a grassroots movement that promotes a vibrant entrepreneurial culture.





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#### Attention Students:

## 16 New Engineering and Geoscience Scholarships Available

The Association of Professional Engineers and Geoscientists of Saskatchewan (APEGS) is awarding 16 new annual scholarships to Saskatchewan students.

#### Entrance Bursaries

These bursaries are aimed at encouraging and assisting high school graduates entering the study of engineering or geoscience. These bursaries are particularly aimed at Aboriginal students.

**Two bursaries of \$3,625** (one for each university) to be applied towards first-year tuition in any field of engineering for a self-identified Aboriginal student.

**Two bursaries of \$2,750** (one for each university) to be applied towards first-year tuition in any field of geoscience for a self-identified Aboriginal student.

**Two bursaries of \$3,625** (one for each university) to be applied towards first-year tuition in any field of engineering for a student of any background.

#### Undergraduate Scholarships

These academic performance and community participation-based scholarships recognize leadership and volunteerism among students currently enrolled in engineering or geoscience.

**Six scholarships of \$1,875** (three for each university) for current students of any field of engineering.

**Two scholarships of \$1,875** (one for each university) for current students of any field of geoscience.

#### Graduate Students

These merit-based scholarships encourage existing APEGS members to further their education.

**Two scholarships of \$7,500** (one for each university) for current APEGS members returning for post-graduate studies in fields of engineering, geosciences or an MBA program.



Professional Engineers and Geoscientists

**We See More.**



[www.apegs.sk.ca](http://www.apegs.sk.ca)

For more information on these scholarships please visit the APEGS website at

[www.apegs.sk.ca](http://www.apegs.sk.ca)

# Kris BOYCHUK

## Journeyperson Machinist, Foreman

*In terms of career, you could say Kris Boychuk is one of the lucky ones. He knew in high school that he wanted to be a machinist—someone who turns raw steel into precision parts. But Kris surprised himself by going even further. Today, he's foreman of custom machining at Hitachi Power Systems.*

### How did you get into machining?

Math and shop were two of my favourite subjects in high school. I took shop from Grade 9 to 12. That desire to learn, to make it my career came from inside. I knew machining was something I wanted to do; it just appealed to me. I liked being able to make something out of a raw piece of steel, or to make something that matched a drawing.

### What training or education did you need?

I went to SIAST right after high school. I took the Machine Shop certificate program, which is a pre-employment program that gives you basic knowledge and skills. I knew my high school classes meant I'd be more than qualified, but I didn't really know what I needed or didn't need for apprenticeship, so I started there.

### When did you start your apprenticeship?

I signed up for apprenticeship when I started working at Hitachi. They came to SIAST to recruit students. I was interviewed and got hired on. Because I had the SIAST certificate, I already had the classroom training component for first and second year apprenticeship, so I just needed to build up enough hours on the job before I could start the third year.

### How was the job interview?

Definitely a different experience! The company's Japanese president was in the interview, along with a lot of managers. It was a little intimidating, especially when the president asked you questions.

### Any interviewing tips?

I'd say be open and honest, don't skirt questions with a political answer or what you think the interviewer wants to hear. When we do interviews, we're looking to understand your work ethic. We ask about hobbies that might show you have mechanical aptitude. Our questions are triggers and your answers help us decide if you'll be successful in machining.

### How did you find the classroom training?

After I started working at Hitachi, I liked getting a break to go back to school. I didn't find it hard—it was a lot like high school, just a bigger campus. But you do have to keep up with the work and readings.



### Once you're working, is there much training?

Training is ongoing, really. Every time we buy a new piece of equipment or get new technology, we have to train everyone on how to run it effectively.

### What do you like most about your job?

I've been a foreman for about two years. I look after about 30 machinists, who work on 12 different machines. I do scheduling, budgeting, job planning. I like the challenge of organizing groups of people, taking on a new project and meeting deadlines.

### What are the most important skills for machinists?

You have to have a firm foundation in machining skills. It definitely helps to have a general knowledge of computers because of changing technology on

I liked being able to make something out of a raw piece of steel.

newer machine tools. But machining also has a lot to do with confidence. On the job, I think the two most important skills are being organized and having confidence in what you do and how you tackle a process or a project.

### Any advice for a career in machining?

Make sure you understand what machining is. We see people who get into the trade without really knowing what it's about. Hitachi has work-education students and we encourage job shadowing to give high school kids a chance to learn what the work is about. There's some physicality to it, you need good math skills, and you have to be able to problem solve. Communication skills are important too. It's a high demand field, so there are good career opportunities if this is what you want to do.

### The Trade:

- Machinists work with metals and other materials and operate lathes, milling machines and other tools to produce shapes to a required finish and size.
- To register as an apprentice machinist, you must be working in the trade and under the supervision of a certified tradesperson. You can also register in a pre-employment program.
- Apprenticeship training for machinists is available through SIAST.
- It takes four years, including annual technical training and on-the-job experience, to complete your training in the machinist trade and be eligible to take the journeyperson's exam.
- Getting interprovincial Red Seal certification allows you to work across Canada.

### Learn more

Search the [National Occupational Classification](#) website, NOC code 7231. Visit the [SATCC](#) website for information on trades careers. Or check out the Machinist page at <http://www.saskapprenticeship.ca/designated-trades/machinist/>





# Resume Looking Old School?

## Top 7 Trends to Brush Up Your Image

Things change—fast. Staying relevant means staying current, and that includes your resume. Here are our top 7 trends to stop your resume from looking ‘old school.’

**#1: Online Resumes** – In a world of 24-hour communication, it’s important to have your information online where a potential employer can access it any time of day. The best thing about online resumes is that potential employers may contact you without you even applying for a position! You can also include more information, such as work samples or recommendation letters.

- **Tip:** Use **LinkedIn!** This is the most popular, respected online resume tool. If you’re a serious professional, you need to have a profile. Think of it as your business Facebook.

**#2: Job Banks** – Nowadays, job postings are almost exclusively online, which means you’ll need to post and paste your resume using the job bank’s fields. The pre-eminent job bank in the province is **saskjobs.ca**, but many major companies, from PotashCorp to Tim Horton’s to the University of Saskatchewan, have their own job banks.

- **Tip:** Not all job banks are created equal. Postings on national websites like Monster.ca often get thousands of applicants. Postings on local websites like Craigslist or Kijiji need more legwork—get a second opinion on jobs with companies you’re not familiar with.

**#3: The ePortfolio** – An ePortfolio is an electronic collection that shows your learning journey. It can include text, photos, videos, electronic files, blogs, hyperlinks, research projects, recommendation letters and your own reflective thinking on your learning. You can use various tools to create an ePortfolio, from websites to online presentation tools like **Prezi**.

- **Tip:** Save your ePortfolio on a thumb drive (USB) along with your resume and cover letter and attach it to your paper resume. Most employers will be curious enough to take a quick look.

**#4: The Online Application** – You may have run into the generic online job application. Virtually every major and many mid-size companies use them. What they’re doing is automatically screening applications before any human eyes in the HR department get a look. So, be sure to tailor your resume to include as many key words as possible—you’ll find these in the job description. Using key words will ensure your application makes it through the filters.

- **Tip:** Fill in every field on an application. Most companies use filters to sort applications. If a field is left blank, there’s a good chance your resume will not be filtered in with the completed applications.

**#5: Travel** – There was a time when skipping out on work or school to travel was considered a sign of irresponsibility. Not anymore. More young people are taking time away from the ‘real world’ to go and see, well, the real world. Be sure to include this on your resume (in a professional way).

- **Tip:** Try to do some volunteer work while you’re travelling. Whether it’s volunteering in a community, teaching English or keeping a blog (**TravelPod** or **MyTripJournal** are great), your future employer will be impressed with your initiative.

**#6: Social** – In the old days (like 5 years ago), you had to include a list of people to act as references so your employer could learn more about you. While that might still be required, chances are your boss will look you up online. This means you must (**must**) keep your ‘social resume’ clean. Delete all posts, photos or videos you wouldn’t want your boss to see from all your public accounts (Facebook, Twitter, Instagram, Foursquare, etc.).

- **Tip:** Have you ever googled yourself? Chances are your boss has. Google yourself periodically to see what your boss will see—and be prepared to answer questions about anything you find.

**#7: Infographic** – Like a subway map with different colour subway lines, an infographic is used to present complex information like patterns or trends. These resumes replace words with pictures: an envelope instead of the word ‘email’ or a company logo in place of its name. Googling ‘resume infographics’ will lead to plenty of websites that create infographics.

- **Tip:** Use with caution. Infographic resumes are very non-traditional. Cutting-edge companies or design-focused companies may look at infographic resumes more favourably. If in doubt, best to stay traditional.



# Fast track your future

with Saskatchewan Youth Apprenticeship!



Saskatchewan Youth Apprenticeship gave me a headstart – 300 extra work hours was a bonus.

Ashley  
Apprentice  
Motor Vehicle Body Repairer

## Are you looking for great career opportunities, rewarding lifestyles, respect and good pay?

Consider an apprenticeship in the skilled trades. Complete the SYA Program, register as an apprentice and receive:

- No registration fees
- No first level tuition
- 300 hours trade time credits

Ask your guidance counsellor or PAA teacher for more details.



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and click on *Join Our Team!*



YouTube





Don't plan your career without knowing  
**your options.**

This section of Relevance magazine will give you a better understanding of your options.

for more information go to [www.relevancemag.ca](http://www.relevancemag.ca)

Job Chart 2014 provides information about hundreds of Saskatchewan jobs. Some will be more familiar than others. Who knows? Job Chart might introduce you to a job that you have never heard of but would be perfect for. Take some time to learn more about what's out there.

### What Does This Information Mean?

Job Chart contains the following relevant information for each job title listed:

#### Job Description

This is merely an introduction. For more detail about job duties, talk to someone who does this for a living, or visit [www.workingincanada.gc.ca](http://www.workingincanada.gc.ca) for career information on an array of occupations for regions in Saskatchewan (and across Canada).

#### Number Emp. (2011 Estimate)

Remember, there is more turnover (and as a result, more openings) in jobs with high employment.

#### Wage Estimate (2012)

This gives you a general sense of what you can expect to earn in each job. Within designated trades, journeypersons typically earn more than apprentices. More current and detailed wage data for over 320 common occupations in Saskatchewan is available at <http://economy.gov.sk.ca/sk-wage-survey> (Saskatchewan Wage Survey).

#### Training and Education Routes

This gives you a general list of Saskatchewan institutions that offer programs relevant to each job. For specific details, CONTACT THE INSTITUTION DIRECTLY!

#### Prospects to 2017

If you are planning a career, it's important to know what your long-term employment prospects might be. With this in mind, we offer you the following three employment indicators.

☆☆☆... Good  
 ☆☆☆... Fair  
 ☆... Limited

**Note:** These indicators reflect employment opportunities over a five-year period, 2012 to 2017, based on current and future labour market trends.

#### Education Icons

These icons indicate the level of education you likely will need to complete before working in a given job. To work as a lawyer, for example, you will need to attend university. To work as a plumber, you will need to complete apprenticeship training.

①... Training Typically Provided On the Job  
 ✂... Job Requires Apprenticeship Training  
 🎓... Job Requires College Education  
 🎓... Job Requires University Education  
 ⚡... Transition

The difference between universities and colleges is not as clear as it used to be. In fact, many of the programs that were once exclusively offered at university are now available in part at SIAST or the Regional Colleges. And this benefits students, particularly in rural and remote areas.

This symbol (⚡) means that some portion of the university requirements for a job can be completed at the college level. Whatever post-secondary course you are interested in, find out what options exist by contacting the institution.



NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
Business, Finance and Administration						
1431	Accounting and Related Clerks	3,855	Your job will be to calculate, prepare and process bills, invoices, accounts payable and receivable, budgets and other routine financial records according to established procedures, using manual and computerized systems.	\$43,200	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Regina, University of Saskatchewan ⓘ	★
1241	Administrative Assistants	7,065	As an administrative assistant you will perform a variety of administrative duties in support of managerial and professional employers.	\$41,100	Carlton Trail College, Cumberland College, Great Plains College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Saskatchewan ✍️	★★
1221	Administrative Officers	7,485	You will oversee and implement administrative procedures, establish work priorities, and co-ordinate the acquisition of administrative services such as office space, supplies and security services.	\$52,600	Carlton Trail College, Cumberland College, Great Plains College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, University of Regina, University of Saskatchewan ✍️	★★★
1434	Banking, Insurance and Other Financial Clerks	875	You will compile, process and maintain banking, insurance and other financial information. A wide variety of occupations are available in this job category, many of which provide excellent remuneration and career advancement opportunities.	\$48,500	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, University of Regina, University of Saskatchewan ⓘ	★
1227	Court Officers and Justices of the Peace	150	As a court officer you will co-ordinate the administrative and procedural functions of federal and provincial courts. As a Justice of the Peace you will administer oaths, issue subpoenas, summonses and warrants and perform other court related duties.	\$67,200	Cumberland College, Great Plains College, North West Regional College, Parkland College, SIAST, Northlands College ✍️ ⓘ	★★★
1251	Court Reporters, Medical Transcriptionists and Related Occupations	430	Court reporters record and transcribe the proceedings of courts and committees, and prepare transcripts for use by judges, tribunals and quasi-judicial panels. Medical transcriptionists record, transcribe and edit dictation by physicians and other health care providers.	\$38,800		★★
1422	Data Entry Clerks	1,290	Working as a data entry clerk, you will type at keyboards and data entry consoles to input coded statistical and other information for storage. A wide variety of businesses will require your services - from financial institutions to government departments.	\$45,200	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Regina, University of Saskatchewan ⓘ	★
1228	Employment Insurance, Immigration, Border Services and Revenue Officers	565	Your job will be to administer and enforce laws and regulations related to immigration, unemployment insurance, and customs and tax revenue.	\$70,000	Great Plains College, SIIT, SIAST, University of Regina, University of Saskatchewan ✍️ ⓘ	★★
1222	Executive Assistants	1,135	You will co-ordinate administrative procedures, public relations activities and research and analysis functions for members of legislative assemblies, ministers, deputy ministers, corporate officials and executives, committees and boards of directors.	\$63,900	Carlton Trail College, Cumberland College, Great Plains College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Regina, University of Saskatchewan ✍️	★★★
1112	Financial and Investment Analysts	580	Your job will be to collect and analyze financial marketplace information to provide financial and investment advice for their company or their company's clients.	\$78,600	University of Regina, University of Saskatchewan ..... Cumberland College, Great Plains College, Parkland College, SIAST, SIIT ⓘ ⓘ	★★

DATA SOURCES:

**Job Title and Job Description:** This information—and in fact, the whole structure of the Relevance Job Chart—is derived from the National Occupational Classification system (NOC). For more information on the NOC, visit [www5.hrsdc.gc.ca/NOC/](http://www5.hrsdc.gc.ca/NOC/)

**Average Annual Income 2011:** Wages are based on full-year, full-time employment for each occupation. Workers may earn more or less depending on their employer, location, size of company, training, experience and hours worked. Highly skilled workers may earn significantly more than the average. Wage information provided by Saskatchewan Ministry of the Economy.

**Training and Educational Routes:** This information is provided by Saskatchewan education and training institutions. This is not a comprehensive list of programs and courses. It is intended as a general guide to help you find education related to Saskatchewan occupations.

**Number Employed – 2011 Provincial Estimates**

**Employment Prospects – 2017:** Data for these two columns is provided by Saskatchewan Ministry of the Economy.










ⓘ - On the job training   ✂️ - Apprenticeship   ✍️ - College   🎓 - University   ⓘ ⓘ - Transition |   ★ - Limited   ★★ - Fair   ★★★ - Good











NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
1111	<b>Financial Auditors and Accountants</b>	4,895	As a financial auditor you will examine and analyze the accounting and financial records of individuals and establishments. As an accountant you will plan, organize and administer accounting systems for individuals and establishments. There are three main designations for financial auditors and accountants: (C.A.), (C.M.A.), and (C.G.A.). All require extensive post-secondary education.	\$84,300	University of Regina, University of Saskatchewan ..... Great Plains College, Lakeland College, Parkland College, SIAST, SIIT	☆☆☆
1411	<b>General Office Clerks</b>	6,046	You will type and file correspondence, reports, statements and other material, operate office equipment, answer telephones and perform clerical duties of a general nature according to established procedures.	\$41,800	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Regina, University of Saskatchewan	☆☆
1223	<b>Human Resources and Recruitment Officers</b>	385	In your job as a personnel and recruitment officer you will identify and advertise job vacancies, recruit candidates, and assist in the selection and reassignment of employees.	\$58,700	Cumberland College, Great Plains College, Northlands College, Parkland College, SIAST, SIIT, University of Regina, University of Saskatchewan	☆☆
1121	<b>Human Resources Professionals</b>	1,425	Your responsibility will be to develop, implement and evaluate human resources and labour relations policies, programs and procedures and advise managers and employees on personnel matters.	\$75,800	University of Regina, University of Saskatchewan ..... Cumberland College, Great Plains College, Parkland College, SIAST, SIIT	☆☆☆
1233	<b>Insurance Adjusters and Claims Examiners</b>	1,220	As an insurance adjuster you will investigate insurance claims and determine the amount covered by insurance policies. Insurance Claims Examiners examine claims investigated by insurance adjusters and authorize payments.	\$62,200	Great Plains College, Lakeland College, SIAST, University of Regina, University of Saskatchewan	☆☆☆
1234	<b>Insurance Underwriters</b>	485	You will review and evaluate insurance applications to determine insurance risks, insurance premiums and extent of insurance coverage according to company policies.	\$65,300	Great Plains College, Lakeland College, SIAST, SIIT, University of Regina, University of Saskatchewan	☆☆☆
1242	<b>Legal Secretaries</b>	523	You will perform a variety of secretarial and administrative duties in law offices, legal departments of large firms, real estate companies, land title offices, municipal, provincial and federal courts and government.	\$43,500	Carlton Trail College, Cumberland College, Great Plains College, North West Regional College, Northlands College, Parkland College, SIAST	☆☆
1451	<b>Library Assistants and Clerks</b>	260	In your job you will issue and receive library materials, sort and shelve books and provide general library information to users. You will also perform clerical functions such as filing, typing and word processing.	\$39,000	Northlands College, SIAST	☆☆
1232	<b>Loan Officers</b>	1,720	In your job as a loan officer you will interview loan applicants and examine, evaluate and process credit and loan applications. Your experience will be sought by your clients as a valued source of guidance and advice for how to structure financing and business operations.	\$57,300	Carlton Trail College, Cumberland College, Great Plains College, Lakeland College, North West Regional College, Parkland College, SIAST, SIIT, University of Regina, University of Saskatchewan	☆☆
1243	<b>Medical Secretaries</b>	180	You will perform a variety of secretarial and administrative duties in doctor's offices, hospitals, medical clinics and other medical settings.	\$43,400	Carlton Trail College, Cumberland College, Great Plains College, Northlands College, Parkland College, SIAST	☆☆
1432	<b>Payroll Clerks</b>	955	You will collect, verify and process payroll information and determine pay and benefit entitlements for employees within a department, company or other establishment, using manual or computerized systems.	\$51,500	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, University of Regina, University of Saskatchewan	☆☆
1442	<b>Personnel Clerks</b>	355	As a personnel clerk you will assist personnel officers and human resources specialists and compile, maintain and process information relating to staffing, recruitment, training, labour relations, performance evaluations and classifications.	\$61,300	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, University of Regina, University of Saskatchewan	☆☆

We have made every effort to ensure the information provided in Relevance is accurate. As an applicant or counsellor you should check with the appropriate institution to verify information and check for changes. In some instances, the training information provided represents a starting point and additional training and/or transfer may be required to meet professional, occupation or trade requirements. University classes are available at all Saskatchewan Regional Colleges. Courses from both the University of Regina and the University of Saskatchewan, through transfer agreements, enable students to complete one or more years of full-time university study at an institution near them.

① - On the job training ✕ - Apprenticeship 🍃 - College 🍷 - University 🔁 - Transition | ☆ - Limited ☆☆ - Fair ☆☆☆ - Good

NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
1122	Professional occupations in business services to management	1,321	This unit group includes those who provide services to management such as analyzing the structure, operations, managerial methods or functions of an organization in order to propose, plan and implement improvements.	\$68,100	North West Regional College, Parkland College, SIAST, University of Regina	☆☆☆
1224	Property Administrators	1,440	As a property administrator you will perform administrative duties and co-ordinate activities related to the management and rental of investment property and real estate.	\$49,000	Lakeland College, SIAST, University of Regina, University of Saskatchewan  	☆☆☆
1225	Purchasing Agents and Officers	1,370	As a purchasing agent or officer you will purchase general and specialized equipment, materials and business services for in-house use or for further processing by your establishment.	\$63,800	Great Plains College, SIAST, SIIT, University of Regina, University of Saskatchewan  	☆☆☆
1414	Receptionists	4,966	As a receptionist or switchboard operator you will greet and direct people arriving at offices, hospitals and other establishments, answer and forward telephone calls, take messages, schedule appointments, and perform other clerical duties.	\$33,200	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Saskatchewan 	☆☆
1113	Securities Agents, Investment Dealers and Brokers	200	In this job you will buy and sell stocks, bonds, treasury bills, mutual funds and other securities for individual investors, pension fund managers, banks, trust companies, insurance firms, credit unions and other establishments.	\$87,100	University of Regina, University of Saskatchewan 	☆☆
1472	Storekeepers and Parts Clerks	2,255	You will sort, store and issue parts and supplies for use by the mechanical, service, agricultural industry or other establishment in which you work and for sale to the public.	\$43,500	SIAST (online)  	☆☆
1454	Survey Interviewers and Statistical Clerks	1,084	As an interviewer you will gather information for market research, public opinion polls or election and census enumeration. Working as a statistical clerk you will code and compile interview and other data into reports, lists, directories and other documents.	\$46,000	Carlton Trail College, Cumberland College, Great Plains College, Northlands College, Parkland College, SIAST, University of Regina, University of Saskatchewan 	☆☆

Natural & Applied Science						
2222	Agricultural and Fish Products Inspectors	170	Inspectors inspect agricultural and fish products for conformity to prescribed production, storage and transportation standards. They are employed by government departments and agencies and by private sector food processing companies.	\$66,900	Great Plains College, Lakeland College, SIAST, University of Regina, University of Saskatchewan  	☆☆
2271	Air Pilots, Flight Engineers and Flying Instructors	400	In your career as a pilot you will fly fixed wing aircraft and helicopters to provide air transportation and other services. As a flight engineer (second officer) you will monitor the functioning of aircraft during flight and may assist in flying aircraft. As a flying instructor you will teach flying techniques and procedures to student and licensed pilots. You can train or instruct at a number of flying clubs or training schools within Saskatchewan.	\$73,600	SIAST 	☆☆
2151	Architects	155	Architects conceptualize, plan and develop designs for the construction and renovation of commercial, institutional and residential buildings.	\$104,100	University of Regina  	☆☆☆
2251	Architectural Technologists and Technicians	180	You may work independently or provide technical assistance to professional architects and civil design engineers in conducting research, preparing drawings, architectural models, specifications and contracts and in supervising construction projects.	\$59,900	SIAST 	☆☆☆
2221	Biological Technologists and Technicians	450	As a biological technologist or technician you may work independently or provide technical support and services to scientists, engineers and other professionals working in fields of agriculture, resource management, plant and animal biology, microbiology, cell and molecular biology.	\$62,100	Great Plains College, Lakeland College, Northlands College, SIAST, University of Regina, University of Saskatchewan  	☆☆

 - On the job training
  - Apprenticeship
  - College
  - University
  - Transition
 |
  - Limited
  - Fair
  - Good




















NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
2121	<b>Biologists and Related Scientists</b>	835	You will conduct basic and applied research to extend knowledge of living organisms, to manage natural resources, and to develop new practices and products related to medicine and agriculture.	\$72,900	University of Regina, University of Saskatchewan ..... Great Plains College, Parkland College, Lakeland College	☆☆
2134	<b>Chemical Engineers</b>	170	As a chemical engineer you will research, design, and develop chemical processes and equipment and oversee the operation and maintenance of large production or processing plants. In Saskatchewan, this would include work at pulp and paper mills. You will also perform duties related to chemical quality control, environmental protection and biochemical or bio-technical engineering.	\$106,300	University of Regina, University of Saskatchewan	☆☆
2211	<b>Chemical Technologists and Technicians</b>	630	You may work independently or provide technical support in chemical engineering, chemical and biochemical research and analysis, industrial chemistry, chemical quality control and environmental monitoring.	\$63,800	Great Plains College, Northlands College, SIAT, University of Regina, University of Saskatchewan	☆☆
2112	<b>Chemists</b>	205	As a chemist you will conduct research and analysis in support of industrial operations, product and process development, quality control, environmental control, medical diagnosis and treatment, biotechnology and other applications.	\$76,100	University of Regina, University of Saskatchewan ..... Great Plains College, Lakeland College, Parkland College	☆☆
2131	<b>Civil Engineers</b>	1,225	Civil engineers plan, design, develop and manage projects for the construction or repair of buildings, earth structures, roads, airports, railways, rapid transit facilities, bridges, tunnels, dams and coastal installations and systems related to highway and transportation services, water distribution and sanitation. Civil engineers may also specialize in foundation analysis, building and structural inspection, surveying, geomatics and municipal planning.	\$102,500	University of Regina, University of Saskatchewan	☆☆☆
2231	<b>Civil Engineering Technologists and Technicians</b>	550	You may work independently or provide technical support and services in civil engineering in fields such as structural engineering, municipal engineering, and construction design and supervision, highways and transportation engineering, water resources engineering and geotechnical engineering.	\$62,400	Great Plains College, SIAT, University of Saskatchewan, University of Regina	☆☆☆
2147	<b>Computer Engineers (Except Software Engineers and Designers)</b>	280	As a computer engineer you will be required to research, plan, design, develop and test computers and related equipment, and design and develop software for engineering and industrial applications.	\$98,100	University of Regina, University of Saskatchewan	☆☆
2281	<b>Computer Network Technicians</b>	1,295	As a computer and network operator you will establish, operate, maintain, and coordinate the use of local and wide area networks (LANs and WANs), mainframe networks, hardware, software and related computer equipment. As a web technician you will set up and maintain Internet and intranet web sites and web server hardware and software. You may also monitor and optimize network connectivity and performance.	\$65,000	North West Regional College, SIAT, SIIT, University of Regina, University of Saskatchewan	☆☆
2174	<b>Computer Programmers and Interactive Media Developers</b>	1,610	Your job as an interactive media developer will involve writing, modifying, integrating and testing computer code for internet applications, computer-based training software, computer games, film, video and other interactive media.	\$70,000	University of Regina, University of Saskatchewan ..... Great Plains College, SIAT, SIIT	☆☆
2224	<b>Conservation and Fishery Officers</b>	235	In this job you will enforce the federal and provincial regulations established for the protection of fish, wildlife and other natural resources and collect and relay information on resource management.	\$65,800	Great Plains College, Lakeland College, SIAT, University of Regina, University of Saskatchewan	☆☆
2234	<b>Construction Estimators</b>	290	In your career as a construction estimator you will analyze costs of and prepare estimates on civil engineering, architectural, structural, electrical and mechanical construction projects.	\$79,100	Lakeland College, SIAT, University of Regina, University of Saskatchewan	☆☆

① - On the job training   ✂ - Apprenticeship   📖 - College   🎓 - University   🔄 - Transition | ☆ - Limited   ☆☆☆ - Fair   ☆☆☆☆ - Good



NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
2264	Construction Inspectors	235	Construction inspectors inspect the construction and maintenance of new and existing buildings, bridges, highways and industrial construction to ensure that specifications and building codes are observed and monitor work site safety.	\$96,200	University of Regina 	☆☆☆
2172	Database Analysts and Data Administrators	235	As a database analyst you will design, develop and administer data management solutions using database management software. In your job as a data administrator you will develop and implement data administration policy, standards and models.	\$82,100	University of Regina, University of Saskatchewan ..... SIAST  	☆☆
2253	Drafting Technologists and Technicians	985	You will be responsible for preparing engineering designs, drawings and related technical information.	\$62,200	Lakeland College, SIAST 	☆☆
2241	Electrical and Electronics Engineering Technologists and Technicians	1,055	Electrical and electronics engineering technologists and technicians may work independently or provide technical support and services in the design, development, testing, production, and operation of electrical and electronic equipment and systems. Electronics Technician (Consumer Products) is a designated trade in Saskatchewan.	\$78,300	SIAST, University of Regina, University of Saskatchewan 	☆☆
2133	Electrical and Electronics Engineers	800	You design, plan, research, evaluate and test electrical and electronic equipment and systems and employed by electrical utilities, communications companies, and by a wide range of manufacturing, processing and transportation industries and government.	\$96,500	University of Regina, University of Saskatchewan ..... Great Plains College, Parkland College  	☆☆☆
2242	Electronic Service Technicians (Household and Business Equipment)	1,085	As an electronic service technician you will service and repair household and business electronic equipment such as audio and video systems, computers and peripherals, office equipment and other consumer electronic equipment and assemblies. Electronics Technician (Consumer Products) is a designated trade in Saskatchewan.	\$46,500	Northlands College, SIAST 	☆☆
2223	Forestry Technologists and Technicians	145	Your career as a forestry technologist or technician may have you working independently or performing technical and supervisory functions in support of forestry research, forest management, forest harvesting and forest resources conservation and protection.	\$43,600	Lakeland College, SIAST, University of Regina, University of Saskatchewan 	☆☆
2212	Geological and Mineral Technologists and Technicians	490	Working as a geological and mineral technologist or technician you will provide technical support and services in the fields of geology, mining and mining engineering, and mineralogy.	\$71,400	Great Plains College, Lakeland College, SIAST, University of Regina, University of Saskatchewan  	☆☆
2113	Geoscientists and Oceanographers	460	Your job as a geologist, geochemist or geophysicist will be to conduct programs of exploration and research to extend knowledge of the structure, composition and processes of the mine site or geographic area.	\$201,300	University of Regina, University of Saskatchewan ..... Great Plains College  	☆☆☆
2141	Industrial and Manufacturing Engineers	270	You will conduct studies and develop and supervise programs to achieve efficient industrial production and efficient utilization of industrial human resources, machinery and materials.	\$87,500	University of Regina, University of Saskatchewan 	☆☆
2243	Industrial Instrument Technicians and Mechanics	440	You will maintain, diagnose, calibrate and repair control instruments in commercial and industrial settings.	\$90,200	Cumberland College, Lakeland College, Northlands College, North West Regional College, SIAST, University of Regina  	☆☆
2171	Information Systems Analysts and Consultants	2,200	Your job will be to analyze system requirements, develop and implement information systems development plans, policies and procedures, and provide advice on a wide range of information systems issues.	\$83,200	University of Regina, University of Saskatchewan ..... Great Plains College, SIAST  	☆☆☆
2263	Inspectors in Public and Environmental Health and Occupational Health and Safety	110	In this career you will investigate health and safety related complaints and inspect restaurants, food processing and industrial establishments, hotels, municipal water systems and other workplaces.	\$83,000	Great Plains College, Parkland College ..... Dumont Technical Institute, SIAST, University of Regina, University of Saskatchewan   	☆☆

 - On the job training
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  - University
  - Transition
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  - Limited
  - Fair
  - Good



NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
2254	Land Survey Technologists and Technicians	120	You will conduct or participate in surveys to determine the exact locations and relative positions of natural features and other structures on the earth's surface, underground and underwater.	\$50,400	Great Plains College, SIAST, University of Regina, University of Saskatchewan  	☆☆
2154	Land Surveyors	285	As a land surveyor you will plan, direct and conduct legal surveys to establish the location of real property boundaries, contours and other natural or human-made features. You will also prepare and maintain crosssectional drawings, official plans, records and documents pertaining to these surveys.	\$93,200	University of Regina, University of Saskatchewan ..... Great Plains College, SIAST  	☆☆
2225	Landscape and Horticulture Technicians and Specialists	265	Your job will be to grow plants, operate greenhouses, nurseries and garden centres, and perform landscaping duties.	\$52,600	SATCC, University of Saskatchewan  	☆☆
2161	Mathematicians, statisticians and actuaries	235	Mathematicians and statisticians research mathematical or statistical theories, and develop and apply mathematical or statistical techniques for solving problems in such fields as science, engineering, business and social science. Actuaries apply mathematics, statistics, probability and risk theory to assess potential financial impacts of future events.	\$96,200	University of Regina, University of Saskatchewan 	☆☆☆
2232	Mechanical Engineering Technologists and Technicians	325	You may provide technical support and services in mechanical engineering fields such as the design, development, maintenance and testing of machines, components, tools, heating and ventilating systems, power generation and power conversion plants, and manufacturing plants and equipment.	\$83,800	Great Plains College, Lakeland College, SIAST, SIIT, University of Regina, University of Saskatchewan  	☆☆
2132	Mechanical Engineers	795	As a mechanical engineer you will research, design and develop machinery and systems for heating, ventilating and airconditioning, power generation, transportation, processing and manufacturing.	\$94,200	University of Regina, University of Saskatchewan 	☆☆☆
2143	Mining Engineers	260	As a mine engineer you will plan and design the development of mines, mine facilities, systems and equipment, and plan, organize and supervise the extraction of minerals and ores from underground or surface mines.	\$122,600	Northlands College, University of Regina, University of Saskatchewan 	☆☆☆
2173	Software Engineers and Designers	240	Your job as a software engineer will require you to research, design, evaluate, integrate and maintain software applications, technical environments, operating systems, embedded software, information warehouses and telecommunications software.	\$83,300	University of Regina, University of Saskatchewan 	☆☆
2153	Urban and Land Use Planners	230	In this job you will develop plans and recommend policies for managing the utilization of land, physical facilities and associated services for urban and rural areas and remote regions.	\$80,500	University of Regina, University of Saskatchewan 	☆☆☆
2282	User Support Technicians	895	You will provide first-line technical support to computer users experiencing difficulties with computer hardware and with computer applications and communications software.	\$53,000	SIAST, SIIT, University of Regina, University of Saskatchewan  	☆☆
2175	Web Designers and Developers	405	Working as a web designer and developer you will research, design, develop and produce Internet and intranet sites.	\$45,200	SIAST, SIIT, University of Regina, University of Saskatchewan  	☆☆☆

## Health

3141	Audiologists and Speech-Language Pathologists	220	As an audiologist you will diagnose, evaluate and treat hearing disorders. As a speech/language pathologist you will diagnose, evaluate and treat speech, language and voice disorders.	\$85,400	University of Regina, University of Saskatchewan  	☆☆☆
3122	Chiropractors	175	You will diagnose and treat patients' disorders of the spine and other body joints by adjusting the spinal column or through other corrective manipulation. Chiropractors are usually in private practice.	\$80,200		☆☆

 - On the job training 
  - Apprenticeship 
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  - University 
  - Transition | 
 ☆ - Limited 
 ☆☆ - Fair 
 ☆☆☆ - Good

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3411	Dental Assistants	790	You will assist dentists during the examination and treatment of patients and perform clerical functions.	\$43,700	SIAST  	☆☆
3222	Dental Hygienists and Dental Therapists	670	As a dental hygienist you will provide dental hygiene treatment and information related to the prevention of diseases and disorders of the teeth and mouth. As a dental therapist you will carry out dental services related to the prevention and treatment of diseases and disorders of the teeth and mouth.	\$63,500	Dental Hygienists - SIAST  	☆☆
3223	Dental Technologists, Technicians and Laboratory Bench Work	220	Your job will be to prepare and fabricate dentures and dental devices as prescribed by dentists or dental therapists.	\$63,000	No program currently offered in Saskatchewan.	☆
3113	Dentists	355	As a dentist you will be responsible for diagnosing and treating disorders of the teeth and mouth.	\$186,600	University of Saskatchewan 	☆☆
3221	Denturists	120	Denturists examine patients and design, construct and repair removable dentures. Most denturists work in private practice.	\$58,000		☆☆
3132	Dietitians and Nutritionists	270	Dietitians and nutritionists plan, implement and oversee nutrition and food service programs. They are employed in a variety of settings including hospitals, home health-care agencies and extended care facilities, community health centres, the food and beverage industry, the pharmaceutical industry, educational institutions, and government and sports organizations, or they may work as private consultants.	\$63,400	University of Regina, University of Saskatchewan 	☆☆
3112	General Practitioners and Family Physicians	1,165	As a general practitioner or family physician you will diagnose and treat the diseases, physiological disorders and injuries of patients.	\$171,500	University of Saskatchewan ..... Great Plains College, Parkland College, Lakeland College, University of Regina   	☆☆☆
3233	Licensed Practical Nurses	1,900	Licensed practical nurses provide nursing care usually under the direction of medical practitioners, registered nurses or other health team members.	\$56,600	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIIT, SIAST, Southeast Regional College 	☆☆☆
3212	Medical Laboratory Technicians	608	In your work as a medical laboratory technician you will conduct routine medical laboratory tests and set up, clean and maintain medical laboratory equipment.	\$55,100	SIAST, University of Regina, University of Saskatchewan  	☆☆☆
3211	Medical Laboratory Technologists and Pathologists' Assistants	637	As a medical laboratory technologist you will conduct medical laboratory tests, experiments and analysis to assist in the diagnosis, treatment and prevention of disease. As a pathologists' assistant you will assist with autopsies and examinations of surgical specimens or perform autopsies under a pathologist's supervision.	\$63,000	SIAST, University of Regina (joint program with SIAST), University of Saskatchewan 	☆☆☆
3215	Medical Radiation Technologists	570	You will operate radiographic and radiation therapy equipment to administer radiation treatment and produce images of body structures for the diagnosis and treatment of injury and disease.	\$72,000	SIAST, University of Regina (joint program with SIAST) 	☆☆
3216	Medical Sonographers	120	Medical sonographers operate ultrasound equipment to produce and record images of various parts of the body to aid physicians in monitoring pregnancies and in diagnosing cardiac, ophthalmic, vascular and other medical disorders.	\$75,000		☆☆☆
3413	Nurse Aides, Orderlies and Patient Service Associates	8,331	Your job as a nurse aide or orderly will require you to assist nurses, hospital staff and physicians in the care of patients.	\$35,900	Carlton Trail College, Cumberland College, Great Plains College, Northlands College, North West Regional College, Parkland College, Southeast Regional College, SIAST, Southeast Regional College  	☆☆☆
3143	Occupational Therapists	295	As an occupational therapist you will plan and carry out individually designed programs of activity to help patients with physical or mental health problems become more self-reliant.	\$62,000		☆☆☆

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 ☆ - Limited  
 ☆☆ - Fair  
 ☆☆☆ - Good



NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
3414	<b>Other Assisting Occupations in Support of Health Services</b>	355	You will provide services and technical assistance to health care professionals such as orthopedic surgeons, pharmacists, pathologists and optometrists.	\$87,800	Northlands College, SIAST, University of Regina, University of Saskatchewan ⓘ	☆☆
3144	<b>Other Professional Occupations in Therapy and Assessment</b>	295	As a recreational therapist, remedial gymnast or art therapist you will use art, athletics and recreation to aid in the treatment of mental and physical disabilities.	\$50,000	SIAST, University of Regina, University of Saskatchewan ♡	☆☆
3235	<b>Other Technical Occupations in Therapy and Assessment</b>	975	Your job will be to perform various technical functions that assist in therapy and assessment of patients when you work as a speech therapy aide, speech technician, audiometric assistant, physical rehabilitation technician, massage therapist, communication assistant, or hearing aide assistant.	\$33,900	Great Plains College, Northlands College, SIAST, University of Regina, University of Regina, University of Saskatchewan 🍃 ⚡	☆☆☆
3234	<b>Paramedical Occupations</b>	1,134	Your job will be to administer pre-hospital emergency medical care to patients and transport them to hospitals or other medical facilities for further medical care.	\$59,400	Carlton Trail College, Cumberland College, Northlands College, Parkland College, SIAST 🍃	☆☆☆
3131	<b>Pharmacists</b>	1,265	Community pharmacists and hospital pharmacists compound and dispense prescribed pharmaceuticals and provide consultative services to both clients and health care providers. Industrial pharmacists participate in the research, development, promotion and manufacture of pharmaceutical products.	\$105,300	University of Saskatchewan ..... Great Plains College, Parkland College, Lakeland College, University of Regina ♡ ⚡	☆☆
3142	<b>Physiotherapists</b>	765	Your job will be to plan and carry out individually designed programs of physical treatment to maintain, improve or restore physical functioning, alleviate pain and prevent physical dysfunction in patients.	\$71,200	University of Regina, University of Saskatchewan ♡ ⚡	☆☆☆
3152	<b>Registered Nurses and Registered Psychiatric Nurses</b>	11,427	Your work as a registered nurse or registered psychiatric nurse will require you to provide direct nursing care to patients, deliver health education programs and provide consultative services regarding issues relevant to the practice of nursing.	\$79,600	University of Regina, University of Saskatchewan ..... Great Plains College, Lakeland College, Northwest Regional College, Northlands College, Parkland College, SIAST ♡ ⚡	☆☆☆
3111	<b>Specialist Physicians</b>	900	In your career as a specialist physician you will research, diagnose and treat diseases and physiological or psychiatric disorders and act as a supervisor and consultant to other physicians.	\$176,200	University of Saskatchewan ♡	☆☆
3114	<b>Veterinarians</b>	355	As a veterinarian you will prevent, diagnose and treat diseases and disorders in animals and advise clients on the feeding, hygiene, housing and general care of animals.	\$87,800	University of Saskatchewan ♡	☆☆☆
3213	<b>Veterinary and Animal Health Technologists and Technicians</b>	375	You will provide technical support to veterinarians by caring for animals and assisting in the diagnosis and treatment of animal health disorders.	\$39,500	Lakeland College, SIAST 🍃	☆☆

## Social Science, Education, Government & Religion

4163	<b>Business Development Officers and Marketing Researchers and Consultants</b>	1,159	You will be required to conduct research, develop policies and administer programs to promote industrial and commercial business investment or tourism in urban and rural areas or to promote commercial or industrial products and services.	\$60,400	University of Regina, University of Saskatchewan ..... Cumberland College, Great Plains College, Lakeland College, Parkland College, SIAST, SIIT ♡ ⚡	☆☆
4212	<b>Community and Social Service Workers</b>	4,180	You will administer and implement a variety of social assistance programs and community services, and assist clients to deal with personal and social problems.	\$43,800	Cumberland College, Great Plains College, Lakeland College, North West Regional College, Northlands College, Parkland College, SIAST, SIIT, University of Regina, University of Saskatchewan 🍃 ⚡	☆☆☆
6462	<b>Correctional Service Officers</b>	1,985	Your job as a correctional service officer will be to guard prisoners and detainees and maintain order in correctional institutions and other places of detention.	\$66,600	Cumberland College, Dumont Technical Institute, Great Plains College, Parkland College, SIAST, University of Regina, University of Saskatchewan ⓘ 🍃 ⚡	☆☆☆
4214	<b>Early Childhood Educators and Assistants</b>	5,170	In your job as an early childhood educator you will design and supervise activities that stimulate physical, intellectual and emotional growth in pre-school children.	\$24,700	Carlton Trail College, Cumberland College, Dumont Technical Institute, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Regina 🍃	☆☆☆

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NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
4143	Educational Counsellors	650	Your job as a school or guidance counsellor will be to advise current and prospective students on educational issues, career planning and personal development, and co-ordinate the provision of counselling services to students, parents, teachers, faculty and staff.	\$58,600	University of Regina, University of Saskatchewan ..... Cumberland College, Great Plains College, Parkland College	☆☆
4142	Elementary School and Kindergarten Teachers	9,557	In your career as an elementary school or kindergarten teacher you will teach basic subjects such as reading, writing and arithmetic or specialized subjects such as English or French as a second language at public or private elementary schools.	\$60,700	First Nations University of Canada, University of Regina, University of Saskatchewan ..... Cumberland College, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, Prairie West College	☆☆
6472	Elementary and Secondary School Teacher Assistants	4,785	In this job you will assist teachers and counsellors in the teaching and supervision of elementary and secondary school students.	\$33,300	Carlton Trail College, Cumberland College, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, University of Saskatchewan	☆☆☆
4213	Employment Counsellors	490	You will provide assistance, counsel and information to worker clients on all aspects of employment search and career planning. You will also provide counsel and information to employer clients regarding human resource and employment issues.	\$59,200	Cumberland College, Great Plains College, Parkland College, University of Regina, University of Saskatchewan	☆☆☆
6262	Firefighters	1,090	You will carry out firefighting and fire prevention activities, and assist in other emergencies.	\$80,700	Lakeland College, Northlands College, Parkland College	☆☆☆
4112	Lawyers and Quebec Notaries	1,435	Your job as a lawyer will be to advise clients on legal matters, plead cases or conduct prosecutions in courts of law, represent clients and draw up legal documents such as contracts and wills.	\$128,300	University of Saskatchewan ..... Great Plains College, Parkland College, University of Regina	☆☆
4211	Paralegal and Related Occupations	838	As a legal assistant or paralegal you will prepare legal documents, maintain records and files and conduct research. As a notary public you will prepare promissory notes, wills, mortgages and other legal documents.	\$45,300	Great Plains College, University of Regina	☆☆☆
6261	Police Officers (Except Commissioned)	2,990	You will protect the public, detect and prevent crime and perform other activities directed at maintaining law and order.	\$88,500	Cumberland College, Dumont Technical Institute, Great Plains College, Parkland College, SIAST, Southeast Regional College, University of Regina	☆☆☆
4155	Probation and Parole Officers and Related Occupations	355	In your job as a probation officer you will monitor the conduct and behaviour of criminal offenders serving probation terms. As a parole officer you will monitor the reintegration of criminal offenders serving the remainder of sentences while conditionally released into the community on parole.	\$70,900	North West Regional College, University of Regina, ..... Cumberland College, Great Plains College, Parkland College, SIAST	☆☆
4151	Psychologists	370	In your career as a psychologist you will diagnose psychological and emotional disorders, counsel clients, provide therapy and research and apply theory relating to behaviour and mental processes.	\$84,900	University of Regina, University of Saskatchewan ..... Great Plains College, Lakeland College, Parkland College	☆☆
4141	Secondary School Teachers	5,423	As a secondary school teacher you will prepare and teach academic, technical, vocational or specialized subjects at public and private secondary schools.	\$50,400	University of Regina, University of Saskatchewan ..... Great Plains College, Lakeland College, Northlands College, Parkland College, Prairie West College	☆☆

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4152	Social Workers	1,575	Social workers help individuals, couples, families, groups, communities and organizations develop the skills and resources they need to enhance social functioning and provide counselling, therapy and referral to other supportive social services. Social workers also respond to other social needs and issues such as unemployment, racism and poverty.	\$61,300	Great Plains College, University of Regina, University of Saskatchewan ..... Cumberland College, Lakeland College, Northlands College, Northwest Regional College, Parkland College, SIAST	☆☆
4121	University Professors and Lecturers	2,053	As a university professor you will teach courses to undergraduate and graduate students and conduct research at universities and degree-granting colleges.	\$111,100	University of Regina, University of Saskatchewan ..... Great Plains College, Parkland College	☆☆

## Art, Culture, Recreation and Sport

5231	Announcers and Other Broadcasters	265	You will read news, sports, weather and commercial messages and host entertainment and information programs for broadcast on radio or television.	\$45,000	University of Regina 	☆☆☆
5244	Artisans and Craftspersons	395	Your profession will involve using manual and artistic skills to design and make ornamental objects, pottery, stained glass, jewelry, rugs, blankets, musical instruments and other handicrafts. Design firms, retail organizations, broadcasting, clothing and textile companies, museums, and private studios will employ you.	\$27,100	University of Regina, University of Saskatchewan 	☆☆
5121	Authors and Writers	340	You will plan, research and write books, scripts, plays, essays, speeches, manuals, specifications and other non-journalistic articles for publication, broadcast, or presentation. There are no standardized qualifications for writers in Saskatchewan.	\$43,000	University of Regina, University of Saskatchewan ..... Great Plains College, Parkland College	☆☆
5252	Coaches	270	You will prepare and train individual athletes or teams for competitive events. Depending on the sport, you may also be required to complete the National Coaching Certificate program.	\$45,500	University of Regina, University of Saskatchewan 	☆
5122	Editors	225	You will review, evaluate and edit manuscripts, articles, news reports and other material for publication or broadcast, and co-ordinate the activities of writers, journalists and other staff. You may also work on a freelance basis.	\$58,200	University of Regina, University of Saskatchewan ..... Great Plains College	☆☆
5241	Graphic Designers and Illustrators	805	As a graphic designer or illustrating artist you will conceptualize and produce designs, illustrations, layouts and visual images to effectively communicate information for publications, advertising, films, posters and signs.	\$40,100	SIAST, University of Regina, University of Saskatchewan 	☆☆
5242	Interior Designers and Interior Decorators	128	You will conceptualize and produce aesthetic and functional designs for interior spaces in residential, commercial, institutional and industrial buildings.	\$42,600	Lakeland College, SIAST 	☆☆
5123	Journalists	340	As a journalist you will research, investigate, interpret and communicate news and public affairs through newspapers, television, radio and other media.	\$51,600	University of Regina, University of Saskatchewan ..... Great Plains College, Parkland College	☆☆
5111	Librarians	855	As a librarian you will develop, organize and maintain library collections and provide advisory services for users. The minimum educational requirement for most librarians is a Master's degree in Library Science.	\$68,200	University of Regina (distance learning with University of Alberta)	☆☆
5211	Library and Public Archive Technicians	611	As a library and archive technician or assistant you will assist users in accessing library or archive resources, assist in describing new acquisitions, participate in archive processing and storage, and conduct reference searches.	\$39,800	SIAST 	☆☆☆

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5136	Painters, Sculptors and Other Visual Artists	210	As an artist you will create original paintings, drawings, sculptures, etchings, engravings and other artistic works. Both universities offer degree programs in painting, sculpture and other visual arts.	\$23,900	University of Regina, University of Saskatchewan 	☆☆
5221	Photographers	335	As a photographer you will operate still cameras to photograph people, events, scenes, materials, products and other subjects.	\$33,000	University of Regina, University of Saskatchewan 	☆☆
5131	Producers, Directors, Choreographers and Related Occupations	525	In your work as a producer, director or choreographer you will be among those who oversee and control the technical and artistic aspects of film, television, radio, and dance and theatre productions.	\$51,500	<div>           SIAST, University of Regina, University of Saskatchewan            .....            SIAST         </div>   	☆☆☆

Sales & Service

6332	Bakers	1,045	Bakers prepare bread, rolls, muffins, pies, pastries, cakes and cookies in retail and wholesale bakeries and dining establishments.	\$29,900		☆☆
6242	Cooks	7,330	Your job will be to prepare food and meals, cut meat and learn basic baking and pastry cooking methods.	\$28,700	Carlton Trail College, Cumberland College, SIAST, Southeast Regional College, Northlands College, North West Regional College  	☆☆☆
6482	Estheticians, electrologists and related occupations	990	This group provides facial and body treatments designed to enhance an individual's physical appearance including: cosmetician, electrologist, esthetician, manicurist, pedicurist, and tattoo artist.	\$27,700	SIAST, Lakeland College, Southeast Regional College  	☆☆
6453	Food and Beverage Servers	5,920	You will be required to sell and serve food and beverages, and prepare alcoholic and non-alcoholic beverages.	\$21,200	Northlands College, Parkland College, SIAST, Southeast Regional College, STEC  	☆☆☆
6272	Funeral Directors and Embalmers	150	Funeral directors co-ordinate and arrange all aspects of funeral services. Embalmers prepare human remains for funerals and burial.	\$44,500	SIAST 	☆☆
6234	Grain Elevator Operators	235	As a grain elevator operator you will purchase grain from farmers, determine the grade, quality and weight of grain delivered, and maintain records for farmers and companies.	\$73,200	Lakeland College 	☆☆☆
6271	Hairstylists and Barbers	3,270	As a hairstylist you will design hair by shampooing, cutting, styling and colouring. You will also be required to perform tasks related to retail sales and customer service.	\$26,100	North West Regional College, Private Schools, SIAST, Southeast Regional College  	☆☆
6435	Hotel Front Desk Clerks	930	You will promote, sell and book accommodation products and services.	\$28,900	Northlands College, Parkland College, SIAST, STEC, University of Regina  	☆☆
6231	Insurance Agents and Brokers	1,880	As an insurance adjuster or broker you will sell automobile, fire, life, property, marine and other types of insurance to businesses and individuals.	\$66,300	Lakeland College, SIAST, University of Regina, University of Saskatchewan 	☆☆☆
6464	Occupations Unique to the Armed Forces	470	In the Armed Forces your duties may include engaging in drills and other training in preparation for peacekeeping, combat and natural disaster; operating armored vehicles, artillery, hand-held weapons and other military combat equipment and defense systems; and policing and protecting Canadian waters, land, airspace and other interests.	\$56,200	<div>           SIAST, University of Regina     </div>	☆☆
6483	Pet Groomers and Animal Care Workers	465	You will feed, handle, train and groom animals and assist veterinarians, animal health technologists and animal breeders.	\$33,200	Lakeland College, SIAST 	☆☆
6232	Real Estate Agents and Salespersons	975	You will act as agent for the sale or purchase of houses, apartments, commercial buildings, land and other real estate. The Saskatchewan Real Estate Commission must license you to work in the province.	\$74,800	Lakeland College, SIAST, University of Regina, University of Saskatchewan  	☆☆☆
6221	Retail and Wholesale Buyers	1,330	As a retail and wholesale buyer you will buy merchandise for resale by retail and wholesale establishments and will usually be responsible for the merchandising operations of retail establishments.	\$73,200	Lakeland College, Parkland College, SIAST, University of Regina, University of Saskatchewan 	☆☆

ⓘ - On the job training
  - Apprenticeship
  - College
  - University
  - Transition
 |
 ☆ - Limited
 ☆☆ - Fair
 ☆☆☆ - Good



NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
6421	Retail Salespersons and Sales Clerks	18,713	Your job will be to sell or rent a range of goods and services in stores and other retail businesses and in wholesale businesses that sell on a retail basis to the general public.	\$40,000	Great Plains College, Cumberland College, Lakeland College, Parkland College, SIAST, University of Regina ⓘ	☆
6411	Sales and Account Representatives - Wholesale Trade (Non-Technical)	3,435	You will sell non-technical goods and services, such as petroleum, food, and transportation to wholesale, commercial, industrial and professional clients.	\$64,600	Great Plains College, Lakeland College, Parkland College, University of Regina, University of Saskatchewan ⓘ	☆☆☆
6651	Security Guards and Related Occupations	2,277	You will be required to guard property against theft and vandalism, control access to establishments, maintain order and enforce regulations at public events and within establishments.	\$36,900	Cumberland College, Great Plains College, Northlands College, Parkland College, SIAST ⓘ	☆☆
6221	Technical Sales Specialists - Wholesale Trade	1,300	You will sell a range of technical goods and services, such as scientific and industrial products, electricity, telecommunications services and computer services, to governments and to commercial and industrial establishments.	\$73,200	Great Plains College, Lakeland College, SIAST, University of Regina, University of Saskatchewan 🍃🔄	☆☆☆

## Trades, Transport and Equipment Operation






7315	Aircraft Mechanics and Aircraft Inspectors	305	Your job will be to repair and inspect all types of aircraft and avionics systems.	\$64,400	SATCC, SIIT ⓘ🔧	☆☆
7321	Automotive Service Technicians, Truck Transport and Mechanics	4,500	In your career you will service and repair automobiles, light trucks and buses. Diagnostic, computer, and mechanical skills will be used.	\$53,700	Lakeland College, North West Regional College, Parkland College, SIAST 🔧🍃	☆☆☆
7262	Boilermakers	85	Boilermakers make and assemble dust, gas, steam, oil, water or other liquid-tight containers, structures and equipment.	\$90,500	SATCC 🔧🍃	☆☆☆
7281	Bricklayers	500	You will lay concrete block, brick, pre-cut stone to either construct or repair structures.	\$57,600	SIAST 🔧🍃	☆☆
7412	Bus Drivers and Subway and Other Transit Operators	3,030	As a bus driver, subway operator or other transit operator you will drive buses and operate streetcars, subway trains and light rail transit vehicles to transport passengers on established routes.	\$44,300	Carlton Trail College, Cumberland College, Great Plains College, Lakeland College, Northlands College, Parkland College ⓘ	☆☆
7272	Cabinetmakers	505	Your job will be to construct, repair, and finish and install cabinets, furniture, fixtures and related products.	\$36,700	Cumberland College, SATCC 🔧🍃	☆☆
7271	Carpenters	6,330	In this career you will construct, renovate and repair buildings and structures made of wood and other materials. As a scaffolder you will lay out, assemble, maintain and dismantle scaffolds, bleachers, and stages. As a framer, you will construct and erect floor, wall and roof framing and install exterior doors and windows.	\$45,900	Carlton Trail College, Cumberland College, Lakeland College, Parkland College, Northlands College, Sask Carpenter Joint Training Committee, SIAST, SIIT 🔧🍃	☆☆
7311	Construction Millwrights and Industrial Mechanics (Except Textile)	2,381	In this career you will install, maintain and repair machinery in factories, mines and production facilities.	\$79,600	Carlton Trail College, Cumberland College, Northlands College, Parkland College, SIAST 🔧🍃	☆☆☆
7611	Construction Trades Helpers and Labourers	5,495	Construction trades helpers and labourers assist skilled tradespersons and perform labouring activities at construction sites, in quarries and in surface mines.	\$40,500	Parkland College, SIAST 🔧🍃	☆☆☆
7371	Crane Operators	565	You will operate many types of hoisting equipment to move, place and position items.	\$85,300	Carlton Trail College, Great Plains College, Parkland College, Western Trade Training Institute 🔧🍃	☆☆☆
7414	Delivery and Courier Service Drivers	2,350	You will drive automobiles, vans and light trucks to pick up and deliver products. You may be required to have a Class 1A or Class 3A drivers license.	\$36,100	Carlton Trail College, Cumberland College, Great Plains College, Lakeland College, Parkland College, ⓘ	☆☆
7244	Electrical Power Line and Cable Workers	640	Your job will be to construct and maintain overhead and underground power lines and related equipment.	\$102,300	SaskPower Training Centre 🔧🍃	☆☆☆
7241	Electricians (Except Industrial and Power System)	3,250	As an electrician you will install, repair, test and maintain wiring, controls, motors and other electrical devices in both the industrial and construction sectors.	\$62,500	Carlton Trade Regional College, Cumberland College, Great Plains College, Lakeland College, Northlands College, North West Regional College, Southeast Regional College, SIIT, SIAST 🔧🍃	☆☆










ⓘ - On the job training 🔧 - Apprenticeship 🍃 - College 🎓 - University 🔄 - Transition | ☆ - Limited ☆☆☆ - Fair ☆☆☆☆ - Good

NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes		prospects to 2017
7253	Gas Fitters	125	Gas fitters install, inspect, repair and maintain gas lines and gas equipment such as meters, regulators and heating units in residential, commercial and industrial establishments.	\$88,200	Lakeland College		☆☆☆
7292	Glaziers	460	Glaziers cut, fit, install and replace glass in residential, commercial and industrial buildings, on exterior walls of buildings and other structures and in furniture and other products.	\$42,400			☆☆☆
7421	Heavy Equipment Operators (except crane)	4,950	You use equipment in the construction and maintenance of roads, bridges, airports, gas and oil pipelines, tunnels, buildings and other structures; in mining, manufacturing and construction; and in material handling work.	\$63,800	Carlton Trail College, Cumberland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College		☆☆☆
7312	Heavy-Duty Equipment Mechanics	2,915	You will repair, overhaul and maintain mobile heavy-duty equipment used in construction, forestry, mining, material handling, landscaping, land clearing, farming and similar activities.	\$66,700	Dumont Technical Institute, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, Southeast Regional College, Mechanical Trades		☆☆☆
7242	Industrial Electricians	1,255	You will install, maintain, test, troubleshoot and repair industrial electrical equipment and associated electrical and electronic controls.	\$93,300	Carlton Trail College, Cumberland College, Great Plains College, Lakeland College, Southeast Regional College, SIAST		☆☆☆
7293	Insulators	200	You will maintain and apply thermal insulation to commercial and industrial structures and equipment.	\$77,900	Heat and Frost Insulators Training Committee		☆☆☆
7264	Ironworkers	715	You will field fabricate, weld, erect/dismantle metal work and erect and place pre-cast concrete, rig and place machinery.	\$79,600	SIAST		☆☆☆
7231	Machinists and Machining and Tooling Inspectors	910	Your career will involve working with metals and operating metal cutting and metal shaping machinery.	\$54,600	SIAST		☆☆☆
7322	Motor Vehicle Body Repairers	240	Your job will be to service and refinish motor vehicle bodies and frames.	\$83,500	Lakeland College, SIAST		☆☆☆
7294	Painters and Decorators (Except Interior Decorators)	330	You will apply paint, varnish and wallpaper interior and exterior building surfaces, and other fittings and furnishings.	\$52,100	SATCC		☆☆
7284	Plasterers, Drywall Installers and Finishers and Lathers	1,105	Plasterers apply finish, and maintain and restore plaster or similar materials, on interior and exterior walls, ceilings and building partitions to produce plain or decorative surfaces. Drywall installers and finishers install and finish drywall sheets and various types of ceiling systems. Lathers install support framework for ceiling systems, interior and exterior walls and building partitions.	\$43,500	SATCC		☆☆
7251	Plumbers	2,410	In this job you will install and maintain water and sewage systems in residential, commercial and industrial buildings; you may be licensed as a gasfitter. Once you have attained certain levels of the Plumber trade, you are eligible to challenge the Gasfitter exam.	\$54,700	Carlton Trail College, Cumberland College, Northlands College, SIAST, SIIT		☆☆☆
7313	Refrigeration and Air Conditioning Mechanics	530	You will install and maintain primary and secondary refrigeration and cooling systems in commercial and industrial settings.	\$60,800	SIAST, SIIT		☆☆☆
7291	Roofers and Shinglers	620	You will install and maintain built-up roofs, flat deck roofs, steep roofs and other roofs with a variety of covering materials.	\$65,100			☆☆☆
7261	Sheet Metal Workers	740	In this job you will be required to use ten-gauge or lighter metal to make and repair products and buildings.	\$56,700	SIAST, SIIT		☆☆☆
7252	Steamfitters, Pipefitters and Sprinkler System Installers	900	Steamfitters and pipefitters lay out, assemble, fabricate, maintain and repair piping systems carrying water, steam, chemicals and fuel in heating, cooling, lubricating and other process piping systems. Sprinkler system installers fabricate, install, test, maintain and repair water, foam, carbon dioxide and dry chemical sprinkler systems in buildings, for fire protection purposes.	\$79,900	Carlton Trail College, Lakeland College, SATCC, SIAST, SIIT		☆☆☆










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NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
7263	Structural Metal and Platework Fabricators and Fitters	130	You will design, fabricate, cut and assemble structural steel, plate and miscellaneous metals.	\$62,300	SIAST 	☆☆☆
7246	Telecommunications Installation and Repair Workers	790	You will install, test, maintain and repair telephones, telephone switching equipment or other telecommunications equipment. Telecommunications Installation and Repair Worker is not a designated trade in Saskatchewan.	\$68,100	SIAST 	☆☆☆
7245	Telecommunications Line and Cable Workers	370	As a telecommunications line and cable worker you will install, repair and maintain telecommunication lines and cables. Telecommunications Line and Cable Worker is not a designated trade in Saskatchewan.	\$75,500	SIAST 	☆☆☆
7411	Transport Truck Drivers	11,810	Truck drivers operate heavy trucks to transport goods and materials over urban, interurban, provincial and international routes.	\$54,700	Carlton Trail College, Cumberland College, Great Plains College, Lakeland College, Northlands College, Parkland College, Southeast Regional College 	☆☆☆
7265	Welders and Related Machine Operators	4,670	You will join metals and plastics together using various welding methods and equipment. Work will be in manufacturing facilities, primarily with MIG and flux-core welding processes.	\$67,300	Carlton Trail College, Cumberland College, Great Plains College, Lakeland College, Northland College, North West Regional College, Parkland College, SIIT, SIAST 	☆☆☆

Primary Industry						
8431	General Farm Workers	9,740	In this job you will plant, cultivate and harvest crops; raise livestock and poultry and maintain and repair farm equipment and buildings.	\$30,700	Carlton Trail College, Lakeland College, Parkland College, Southeast Regional College, SIAST, University of Saskatchewan 	☆☆☆
8616	Logging and Forestry Labourers	70	In this job you will perform a variety of manual tasks, such as attaching choker cables to logs, planting trees, clearing brush, spraying chemicals, cleaning up landing areas, and assisting other workers in woodlands operations.	\$27,900	SIAST 	☆
8614	Mine Labourers	495	You will carry out a variety of general labouring duties to assist in the extraction of coal, minerals and ore, and in other services in support of mining operations.	\$68,300	Carlton Trail College, Northlands College, Parkland College, SIAST, Southeast Regional College 	☆☆☆
8615	Oil and Gas Drilling, Servicing and Related Labourers	1,680	You will carry out a variety of general labour duties and operate equipment to assist in the drilling and servicing of oil and gas wells.	\$63,400	Carlton Trail College, Great Plains College, Lakeland College, Parkland College, Southeast Regional College 	☆☆☆
8412	Oil and Gas Well Drillers, Servicers, Testers and Related Workers	1,350	As a Rig Technician you will control rig set up and demobilization, and the operation of drilling and hoisting equipment on drilling and service rigs. Rig Technicians direct the activities of the rig crew under supervision of the Rig Manager.	\$78,800	Carlton Trail College, Great Plains College, Lakeland College, Parkland College, Southeast Regional College, University of Regina, University of Saskatchewan 	☆☆☆
8412	Oil and Gas Well Drilling Workers and Services Operators	1,030	In your job as an oil and gas well drilling worker you will assist Rig Technicians and Oil and Gas Servicing operators in their duties.	\$85,600	Carlton Trail College, Great Plains College, Lakeland College, Parkland College, Southeast Regional College, University of Regina, University of Saskatchewan 	☆☆☆
8422	Silviculture and Forestry Workers	265	In this job you will be required to perform a variety of duties related to reforestation and to the management, improvement and conservation of forestlands.	\$46,600	Lakeland College, SIAST, University of Regina 	☆☆
8411	Underground Mine Service and Support Workers	155	As an underground mine service and support worker you will perform a range of duties related to the operation of ore passes, chutes and conveyor systems, the construction and support of underground structures, passages and roadways, and the supply of materials and supplies to support underground mining.	\$83,900	Carlton Trail College, Northlands College, Parkland College, SIAST 	☆☆☆
8231	Underground Production and Development Miners	1,525	As an underground production and development miner you will drill, blast, operate mining machinery and perform related duties to extract minerals in underground mines and to construct tunnels, passageways and shafts to facilitate mining operations.	\$88,700	Northlands College, SIAST 	☆☆

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NOC Code	job title	number emp. 2011 est.	job description	wage est. 2012	training and education routes	prospects to 2017
<b>Processing, Manufacturing and Utilities</b>						
9231	<b>Central Control and Process Operators, Mineral and Metal Processing</b>	195	You will operate and monitor multi-function process control machinery and equipment to control the processing of mineral ores, metals or cement.	\$85,400	Northlands College, SIAST, SIIT, Southeast Regional College, University of Regina 	☆☆☆
9483	<b>Electronics Assemblers, Fabricators, Inspectors and Testers</b>	330	You will assemble, repair and test circuit boards and other electronic components.	\$37,200	SED Systems  	☆☆
9492	<b>Furniture and Fixture Assemblers and Inspectors</b>	130	As an assembler you will assemble parts to form subassemblies or complete articles of furniture and fixtures. As an inspector you will inspect furniture and fixture subassemblies and finished products to ensure product quality.	\$39,100	SIAST 	☆
9612	<b>Labourers in Metal Fabrication</b>	230	Labourers in this unit group remove excess metal and unwanted materials from metal parts, castings and other metal products and perform other labouring activities.	\$54,400		☆☆☆
9411	<b>Machine Operators, Mineral and Metal Processing</b>	210	You will operate single-function machines or machinery that is part of a larger production operation to process mineral ore and metal products.	\$64,700	Northlands College, SIAST 	☆☆
9486	<b>Mechanical Assemblers and Inspectors</b>	435	You will assemble a wide variety of mechanical products such as trucks, buses, snowmobiles, garden tractors, automotive engines, transmissions, outboard motors, gearboxes and hydraulic pumps.	\$40,400	SIAST 	☆☆
9232	<b>Petroleum, Gas and Chemical Process Operators</b>	1,575	In your job you will be required to monitor and operate petroleum, petrochemical and chemical plants and monitor, adjust and maintain processing units and equipment in these plants.	\$97,400	Great Plains College, Lakeland College, Northlands College, SIAST, SIIT, Southeast Regional College, University of Regina, University of Saskatchewan 	☆☆☆
9461	<b>Process Control and Machine Operators, Food, Beverage and Associated Products Processing</b>	1,045	Working in this field you will be required to operate multi-function process control machinery or single function machines to process and package food and beverage products.	\$51,900	SIAST, SIIT 	☆☆☆
9243	<b>Water and Waste Plant Operators</b>	695	You will be responsible for monitoring and operating computerized control systems and related equipment in water filtration and treatment plants to regulate the treatment and distribution of water.	\$62,400	Cumberland College, Great Plains College, Lakeland College, Northlands College, North West Regional College, Parkland College, SIAST, SIIT, Southeast Regional College, University of Regina, University of Saskatchewan 	☆☆

 - On the job training  - Apprenticeship  - College  - University  - Transition | ☆ - Limited ☆☆ - Fair ☆☆☆ - Good

## Take Your **JOB SEARCH ONLINE**

The internet has changed the way we look for jobs. You don't see too many young people reading the 'help wanted' pages in the local newspaper (FYI – newspapers still publish help wanted ads) – especially not when you have thousands of job postings at your fingertips through online job search websites.

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First Nations Jobs Online - [www.firstnationsjobsonline.com](http://www.firstnationsjobsonline.com)

Canada Jobs - [www.canadajobs.com](http://www.canadajobs.com)

Indeed - [www.indeed.ca](http://www.indeed.ca)

Linked In - [www.linkedin.ca](http://www.linkedin.ca)

Monster Job Board - [www.monster.ca](http://www.monster.ca)

New Jobs in Canada - [www.eluta.ca](http://www.eluta.ca)

Saskatchewan Jobs - [www.saskjobs.ca](http://www.saskjobs.ca)

Saskatoon Job Shop - [www.saskatoonjobshop.ca](http://www.saskatoonjobshop.ca)

TeenWork - [www.teenwork.ca](http://www.teenwork.ca)

Workopolis - [www.workopolis.com](http://www.workopolis.com)

WOW Jobs Search Engine - [www.wowjobs.ca](http://www.wowjobs.ca)



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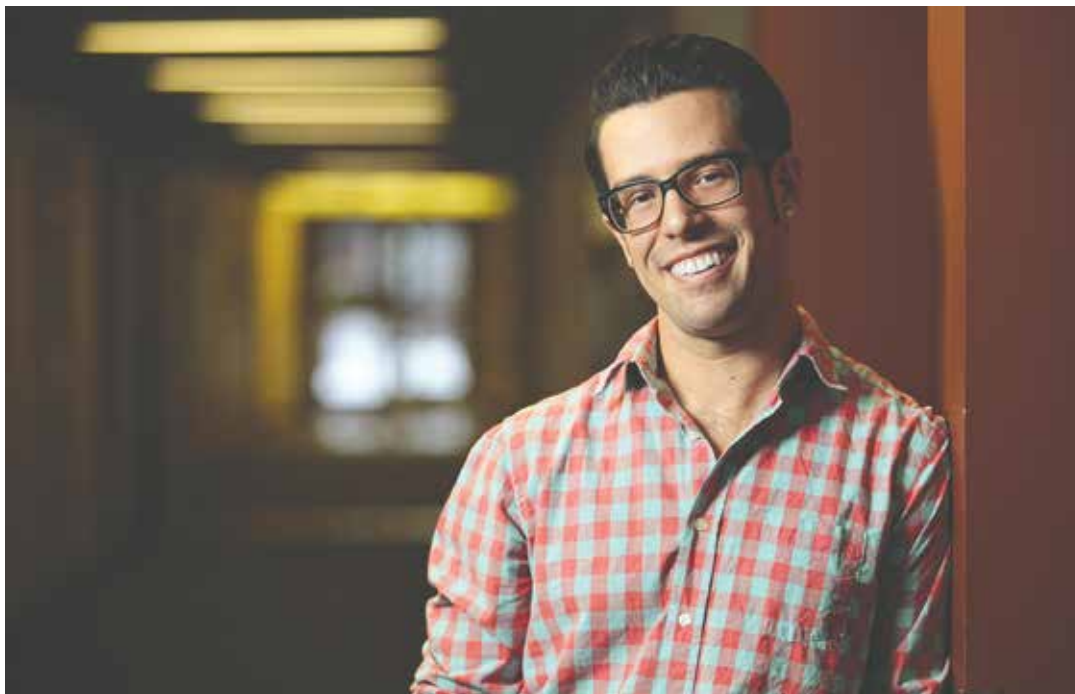


**UNIVERSITY OF  
SASKATCHEWAN**  
College of Nursing



# Kyle FRISKEN

BA (Psychology), BSW, Addictions Counsellor



Right now, I feel lucky to have a job I really enjoy.

**Kyle Frisken liked growing up in a small town. He liked that his school was small, that he could ride his bike everywhere, that everyone knew everyone else. When his family moved from Marshall (population: 600) to nearby Lloydminster (population: 27,000), he faced a big adjustment.**

#### What was high school in the city like?

Scary. I'd gone from Kindergarten through Grade 9 in my small town, so the move to high school in Lloyd was intense—it seemed huge to me.

#### How did you adjust?

I was able to make new friends, but it took a while. I got involved in choir and drama club. Studying was also a big focus. It was important to me to get good grades, but I always had to work hard to do it.

#### Did you graduate high school with a career plan?

Not really. After high school, I pumped gas for a while and then worked for a company building construction trusses.

#### How did you make the decision to go to university?

In my mind, I knew I needed to do something helpful in society, something that made a difference to people. The type of jobs I had weren't giving me

that. I took some classes at Lakeland College and eventually moved to Saskatoon to go to the University of Saskatchewan. My plan was to get into Education and be a teacher.

#### So you knew what you wanted to be?

I thought I did, then I took a psychology class during first year and switched my focus. I got a Bachelor of Arts in Psychology and really wanted to be a psychologist, but you had to have a masters or PhD to work in the field. I couldn't afford that, so I talked to a career counsellor and she told me about the Bachelor of Social Work program at the University of Regina's satellite campus, which was actually on the U of S campus. With my BA, I could get a degree in social work in just two years.

#### Was social work a good fit?

Yes, it felt right and aligned with my values. In a way, the Bachelor of Social Work program changed my life, because it put what I wanted to do into perspective and got me involved in standing up for people who don't have what they need in life.

#### How did you come to be an addictions counsellor?

The first resume I dropped off was at the Calder Centre, an in-patient treatment program for chemical dependency. They called me back right away for an interview. It was the first job interview I'd done that

was actually about my career, so it felt like a lot of pressure. I must have done okay, because they hired me on and I've been working here for three years now.

#### What do you like most about your career?

I like that it's real life. It's about people, so it always feels meaningful. Working with youth on the treatment side of things, I like that you get to play a part in their lives. It's fun too, because we take them to a bunch of activities. We try to set an example. It's neat to be that person, the one who can be a bit of a role model for living a more positive life.

#### Most valuable skill in your job?

Respect. You have to respect and care about the people you're trying to reach out to. That's the foundation for building a rapport with them, and you need that rapport to connect as individuals.

#### Where do you see yourself in 10 years?

I like where I am right now, but I might get a master's in social work. Right now, I feel lucky to have a job I really enjoy.

#### The Career

- Social work is a profession concerned with helping individuals, families, groups and communities to enhance their individual and collective well-being.
- In order to call yourself a "Social Worker" in Saskatchewan, you must be a Registered Social Worker with the Saskatchewan Association of Social Workers (SASW).
- You'll need a bachelor of social work (BSW) degree to enter the profession. Degree programs are offered through First Nations University of Canada and the University of Regina.
- You can also take a diploma program in [Addiction Counselling](#) at SIAT or a [Community Services Addiction Certificate](#) at SIIT.
- Look for employment opportunities with health regions, school boards, social service agencies, child welfare organizations, correctional facilities, community agencies, employee assistance programs, Aboriginal band councils and private practice.

#### Learn more

Search the [National Occupational Classification](#) website, NOC code 4152. For information on provincial training, opportunities and professionalism visit the [Saskatchewan Association of Social Workers](#) (SASW).



# INTERNET SITES: Scholarships & Awards

## **SASKATCHEWAN-CANADA STUDENT LOANS PROGRAM**

[ae.gov.sk.ca/student-loans](http://ae.gov.sk.ca/student-loans)

## **SASKATCHEWAN**

[ae.gov.sk.ca/scholarships-bursaries-grants](http://ae.gov.sk.ca/scholarships-bursaries-grants)

[career.kcdc.ca/index.php/funding](http://career.kcdc.ca/index.php/funding)

[health.gov.sk.ca/bursaries](http://health.gov.sk.ca/bursaries)

[www.saskatchewan scholarships.ca/](http://www.saskatchewan scholarships.ca/)

[www.sasknetwork.ca](http://www.sasknetwork.ca)

[www.sgeu.org/search/node/scholarships](http://www.sgeu.org/search/node/scholarships)

## **APPRENTICESHIP**

[www.saskapprenticeship.ca/youth\\_apprentices/](http://www.saskapprenticeship.ca/youth_apprentices/)

[www.servicecanada.gc.ca/eng/goc/apprenticeship/incentivegrant/program.shtml](http://www.servicecanada.gc.ca/eng/goc/apprenticeship/incentivegrant/program.shtml)

## **POST-SECONDARY INSTITUTES**

**Cumberland College** – [www.cumberlandcollege.sk.ca](http://www.cumberlandcollege.sk.ca)

**First Nations University of Canada** – [www.fnuniv.ca/index.php/current-students/scholarships](http://www.fnuniv.ca/index.php/current-students/scholarships)

**Gabriel Dumont Institute** – [www.gdins.org/scholarships](http://www.gdins.org/scholarships)

**Great Plains College** – [www.greatplainscollege.ca/scholarships](http://www.greatplainscollege.ca/scholarships)

**Lakeland College** – [www.lakelandcollege.ca/campus-life/financial-aid/awards/award-links.aspx](http://www.lakelandcollege.ca/campus-life/financial-aid/awards/award-links.aspx)

**Northlands College** – [www.northlandscollege.sk.ca](http://www.northlandscollege.sk.ca)

**Parkland College** – [www.parklandcollege.sk.ca/admissions/scholarships/overview.html](http://www.parklandcollege.sk.ca/admissions/scholarships/overview.html)

**SIAS** – [www.sias.sk.ca/admissions/scholarships\\_awards.shtml](http://www.sias.sk.ca/admissions/scholarships_awards.shtml)

**SIIT** – [www.siit.sk.ca/getting-started/funding/scholarships-bursaries](http://www.siit.sk.ca/getting-started/funding/scholarships-bursaries)

**Southeast Regional College** – [www.southeastcollege.org/services/scholarships.htm](http://www.southeastcollege.org/services/scholarships.htm)

**St. Peter's College** – [www.stpeterscollege.ca/money\\_matters/scholarships/index.php](http://www.stpeterscollege.ca/money_matters/scholarships/index.php)

**University of Regina** – [www.uregina.ca/awards/scholarships](http://www.uregina.ca/awards/scholarships)

**University of Saskatchewan** – [www.students.usask.ca/moneymatters/awards](http://www.students.usask.ca/moneymatters/awards)

## **CANADA-WIDE**

[www.aadnc-aandc.gc.ca/eng/1351185180120/1351685455328](http://www.aadnc-aandc.gc.ca/eng/1351185180120/1351685455328)

[www.ammsa.com/community-access/scholarships/](http://www.ammsa.com/community-access/scholarships/)

[www.canlearn.ca/eng/index.shtml](http://www.canlearn.ca/eng/index.shtml)

[www.disabilityawards.ca](http://www.disabilityawards.ca)


[www.fcc-fac.ca/en/AboutUs/Responsibility/aboriginal\\_student\\_empowerment\\_fund\\_e.asp](http://www.fcc-fac.ca/en/AboutUs/Responsibility/aboriginal_student_empowerment_fund_e.asp)

[www.indspire.ca/scholarships](http://www.indspire.ca/scholarships)

[www.scholarshipscanada.com](http://www.scholarshipscanada.com)

[www.studentawards.com](http://www.studentawards.com)

[www.thechf.ca/scholarships](http://www.thechf.ca/scholarships)

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# Lawrence & Koralie GAUDRY

Equine Assisted Learning Facilitators

*In 2010, Lawrence Gaudry was an instructor at University College of The North in The Pas, Manitoba; wife Koralie was working in mental health. They left it all behind—good jobs, good friends and sense of security—to take a chance on doing something they love. Today, they head up an innovative equestrian centre on the One Arrow First Nations reserve, not far from Batoche National Historic Site.*

## What do you do?

**Lawrence:** I'm executive director of the equestrian centre and certified facilitator for the Inspire Direction Equine Assisted Learning (IDEAL) program. I manage the One Arrow Equestrian Centre and provide the horse specialist knowledge in our equine assisted learning programs.

**Koralie:** I'm program director for the equestrian centre and IDEAL.

## What kind education do you need for this?

**Koralie:** I'm certified in equine assisted learning (EAL) through the Cartier Equine Learning Center and in equine assisted psychotherapy (EAP) through EAGALA. I also have a Bachelor of Science in Psychiatric Nursing.

**Lawrence:** I have certifications in EAL and EAP, and also a diploma in Natural Resource Management from the University College of the North.

## How important is the EAL and EAP training?

**Koralie:** Very important. My degree gives me the background I need in mental health. The EAL and EAP is specialist training. We're not reinventing the wheel, we're using programs that are well-researched and have defined standards. That ensures client and horse safety, which is really important. For me, having a degree in mental health plus specialist training in EAL and EAP adds to my toolbox of skills. Bringing that knowledge together has really helped our program be successful.

## Is there a difference?

**Koralie:** Equine assisted psychotherapy (EAP) is experiential counselling that uses the human-horse relationship for emotional growth and learning. It's a certified therapist and a horse professional working with a client and a horse to address treatment goals. Equine assisted learning (EAL) is similar, but the focus is on life skills and educational goals. We're certified to do both at One Arrow.

**Lawrence:** It's a team approach in both EAL and EAP. You have a mental health professional and horse professional working together, both have to be in the arena with the client. At One Arrow, I'm the horse



specialist, Koralie is the mental health specialist. We also have several other EAL facilitators on staff. I pay attention to the horse's body language to ensure both client and horse are safe, and the mental health specialist focuses on the client and their actions.

## How did you choose your first careers?

**Lawrence:** I grew up with horses and cattle, so I wanted a job working out-of-doors. I took a diploma program in Natural Resources Technology and spent years working in forestry and other jobs, usually in remote or northern locations.

**Koralie:** It was actually a career counsellor who helped me choose. I told her what I was interested in and she told me about psychiatric nursing. I enrolled in a program at Brandon University and started working as a mental health practitioner when I graduated—I'm still doing that, actually, just in a different way.

## How important was career counselling?

**Koralie:** Huge. Without career counselling I wouldn't have known about the psychiatric nursing program or gotten into the mental health field and I probably wouldn't have fallen into this career. I'm really happy I did—this is the perfect match for me.

## How did you hear about equine assisted therapy?

**Koralie:** You tend to hear about different alternatives when you're counselling, and I've always been especially interested in experiential therapies. And having been involved with horses all his life, he was interested too.

## Why move and take such a big risk?

**Lawrence:** My career in natural resources was excellent, but it meant I was usually in the north or in a remote area. I didn't have the time or access to do things I really enjoyed, like riding, roping and rodeo. I wanted to do more of that, and I wanted my kids to have a chance to ride and rodeo. Those were big factors in my decision.

**Koralie:** I suppose I could have done EAL in The Pas, but One Arrow provided the resources and the opportunity to make it a career. This is my passion. It hit all my values as a professional. I wanted to work with kids before they got into the social services or justice system; I wanted work with more focus on prevention. It just made sense to move.

## What's been the biggest challenge?

**Lawrence:** This is all uncharted territory. There have been EAL programs in the United States for years, but it's just getting going in Canada, so not a whole lot of people know about it. We knew there would be bumps in the road, so I've always just told myself, I can do this, I *will* do this.

**Koralie:** Taking that step of moving ourselves and our family to this province was big, too. Our friends and family didn't really understand why we would leave behind good jobs and risk everything to move to something new and untested.

## What skills are important in your job?

**Koralie:** I think learning how to multitask is valuable. We're running a business, organizing programs, doing promotions, conducting individual therapy sessions. You have to jump from one to the other, and you have to be able to change tracks. I've





We see people have their 'aha' moment, and you know that moment is bringing about change for them.

always liked having lots of things on the go, but even I've had to develop my flexibility.

**Lawrence:** Each of us has different skills—I don't have a mental health or counselling background, but I have horse skills and people skills. We've also reached out to the community, to other organizations and individuals to help us with business areas where we maybe don't have the knowledge. We're open to mentorship in different areas—that's actually been one of our biggest successes, building capacity by building our network.

**What's the best thing about your job?**

**Lawrence:** It's a very rewarding career. Not everyone gets to work with horses and with kids, and know that you've made somebody's day a bit better.

**Koralie:** Same for me. We see people have their 'aha' moment, and you know that moment is bringing about change for them. When you get to see that change firsthand on an individual level and a community level, it makes the job rewarding.

**Any advice to high school students on choosing a career?**

**Lawrence:** Try to find a career that matches up with your interests or hobbies.

**Koralie:** I agree. Follow your gut. You might not know exactly what you want to do, but talk to career counselors—they often have a bigger perspective on what's out there that might match your interests.

#### Learn More

Learn more about equine assisted learning and equine assisted psychotherapy at the [EAGALA](http://EAGALA.org) website. EAGALA is an international nonprofit association for professionals using equine therapy to address mental health and human development needs. You can also contact the Cartier Equine Learning Centre in Prince Albert (306-763-0386), which is nationally recognized for its interactive horse-human learning educational experience.

# Matt **STOVALL**

## Journeyman Carpenter, Instructor

*Matt Stovall is a go-with-the-flow kind of guy. His childhood dream was to be a doctor. He did well in math and science in school, and everyone said medicine would be a good career fit. But a summer job made him rethink his future.*



The fact that you're never alone—it's always a group effort.

### What changed your mind about university?

I always planned to go to university, but I got a job in a custom cabinetry company right after high school and really loved it. I was 24 when I finally went to university, and by then I realized I didn't want it as bad as maybe I should. I was always thinking about when I could get back to a jobsite.

### Did you know about apprenticeship?

Not really. I started as a general labourer. I have a good work ethic and could always handle whatever job I was given, so I was quickly noticed by supervisors. I was given jobs the other labourers couldn't do. I never even considered apprenticing until I was 28.

### What made you become an apprentice?

A site foreman at one of my jobs asked me about signing up as an apprentice carpenter. He had ties to the Saskatchewan Indian Institute of Technology (SIIT) and introduced me to the Joint Training Coordinator. I heard about the increase in pay and how a lot of guys with their journeyman's ticket have gone on to huge opportunities. I wanted those opportunities, so I signed up.

### Was signing up through SIIT helpful?

Definitely. When you sign up through SIIT, the Joint Training Committee acts like your employer, so you only have to sign up once. They keep track of your progress; you just send them your hours every six months. They also have lots of resources and job coaches with great ties to construction companies.

### What did you enjoy the most about training?

The fact that you're never alone—it's always a group effort. It's the same on the jobsite; there are normally 2 or 3 guys figuring out how to do a project. That's one of the big draws for me as a carpenter—the teamwork.

### How was the journeyman exam?

I failed my first attempt. There were things happening in my personal life, and I lost focus. But I resubmitted last March, wrote the test in April and heard that I'd passed in June. I also won an award for guys who come through adversity and get a high mark. That was a really nice surprise.

### How did it feel to get your ticket?

I have vivid memories of the guys ahead of me getting their ticket and thinking, someday that will be me. So it was great coming back to the worksite and saying I got it. Everyone is proud of you. You get an immediate bump in pay, and you become an example for guys coming up.

### How did you become an instructor?

It was kind of lucky. I'd just been laid off in March—that's one of the downsides of construction—and my wife and I were expecting our third child, so I needed to work. I kept in contact with the SIIT Joint Training Committee, and the co-ordinator called me

up one day and asked if I'd come and tutor some third year students who were having trouble with math. Through that, I got wind of an instructor position at SIIT, so I submitted my resume and got called for an interview.

### Did you get the job?

No, it went to somebody with more experience. That didn't surprise me, but they said they had a different position. It was a new initiative, a construction worker preparation program for inmates at the Saskatoon Correctional Centre. Did I want to instruct that? I said absolutely.

### Where do you see yourself in 10 years?

If you'd asked me a couple of years ago, I would have said owning my own contracting company. Now that I've moved into teaching, it's thrown me for a loop; I don't know exactly where I want to be. But I'll always have my journeyman's ticket, so the future is wide open.

### The Trade:

- Carpenters construct, renovate and repair buildings and structures made of wood and other materials. You can also specialize in two subtrades: framing and scaffolding.
- To register as an apprentice carpenter, you must be working in the trade and under the supervision of a certified tradesperson.
- Apprenticeship training for carpenters is available through SIAST, SIIT and regional colleges around the province.
- It takes four years, including annual technical training and on-the-job experience, to complete your training in the carpenter trade and be eligible to take the journeyman's exam.
- Getting interprovincial Red Seal certification allows you to work across Canada.

### Learn more

Search the [National Occupational Classification](#) website, NOC code 7271. Visit the [SATCC](#) website for information on trades careers. Or check out the Carpenter page at <http://www.saskapprenticeship.ca/designated-trades/carpenter/>



# Why Choose Apprenticeship?

Skilled trades provide so many opportunities – including, most importantly, the opportunity to come to work looking forward to creating, building and accomplishing the goals of the day. Whether you have an analytical mind with superior math skills or a creative brain with new ideas, one of the 47 designated trades or 23 sub-trades in Saskatchewan can provide the perfect match.

## How do you get started in the skilled trades?

Through apprenticeship. An apprenticeship is one in which you ‘earn as you learn.’ This type of learning has been around forever – the best way to learn is by doing. The majority of your time will be spent learning on the job from a skilled journeyman. You also spend some time each year in technical training.

The first step is to decide what skilled trade is best for you. Many young people have experienced the skilled trades through high school classes or the Saskatchewan Youth Apprenticeship (SYA) program. Check out our website –

**[www.saskapprenticeship.ca](http://www.saskapprenticeship.ca)** – and look at the list of Designated Trades for descriptions. We can arrange for you to talk to someone to help you decide what best suits you.

Once you’ve decided on a trade, the next step is to find an employer. There are so many opportunities in Saskatchewan right now in the skilled trades, so employers are looking for workers. Try **[www.saskjobs.ca](http://www.saskjobs.ca)** as a starting point. Or, if you know where you might like to work, contact the employer and describe the skill sets you bring. Ask them if they would consider hiring and training you as an apprentice, and sign a contract of apprenticeship. This contract sets you up with the Saskatchewan Apprenticeship and Trade Certification Commission (SATCC) as an apprentice. You and your employer begin tracking the number of hours you work on the job and advise the SATCC.

Once you have worked enough hours, you will be scheduled to attend technical training, usually for about eight weeks. Here you learn theory, usually in a technical institute, to reinforce the knowledge and skills taught in the workplace. After you have completed the required levels of workplace and technical training for your trade, you have the opportunity to write your journeyman exam.

When you pass your journeyman exam in a Red Seal trade, you receive your Red Seal Interprovincial certification. This allows you to work in your trade anywhere across Canada. The key to remember is that your certification is a starting point to a career full of opportunities – from manager to instructor to entrepreneur.

The benefits to apprenticeship training are that you learn from a journeyman while earning a wage. You have little education-related debt. There are also financial supports, including grants and tax credits to help you out.

## Want to find out more?

Check us out at **[www.saskapprenticeship.ca](http://www.saskapprenticeship.ca)**, like us on Facebook (Sask Apprentice) or follow us on Twitter @SKApprentice.

You can also call us toll free at 1-877-363-0536 or contact us at one of the following locations:

## Saskatchewan Apprenticeship and Trade Certification Commission

2140 Hamilton St., Regina, SK S4P 2E3

Phone: 306-787-2444 • Fax: 306-787-5105 • Toll Free: 1-877-363-0536

## District Offices

Estevan: 306-637-4930

La Ronge: 306-425-4385

Moose Jaw: 306-694-3717

North Battleford: 306-446-7409

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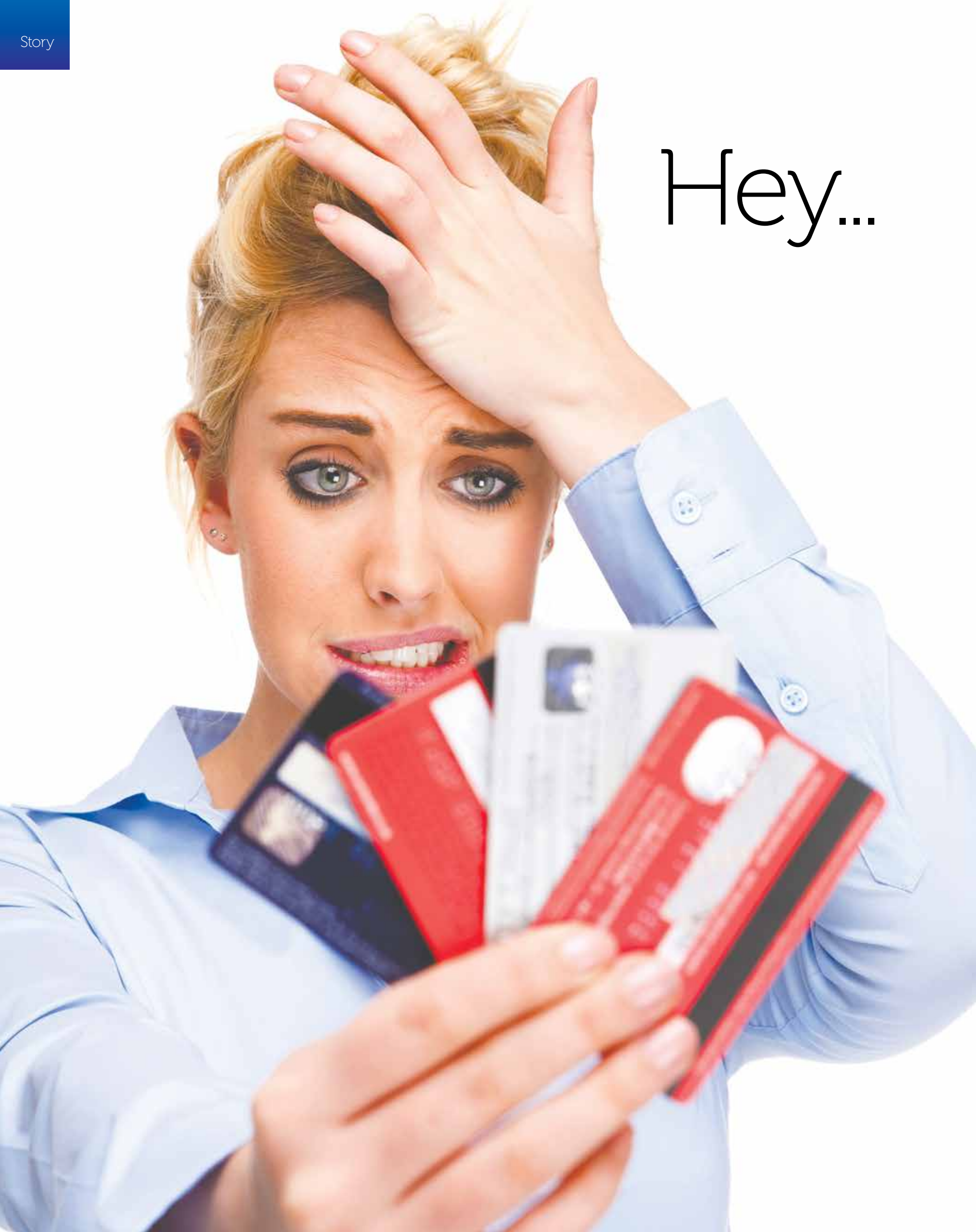
Saskatoon: 306-933-8476

Swift Current: 306-778-8945

Yorkton: 306-786-1394



Hey...





# ...It's Your MONEY



We asked READ Saskatoon's Financial Literacy Co-ordinator, Nicole White, to reflect on what teens need to know about financial literacy before they graduate and head off to university or college. **Here's her top 10 list.**

- #1 Know how to build a budget.** When you're on your own, you need to know how to make your money work so your bills and rent get paid on time, but there's still cash for the occasional date! If your first budget isn't working, don't give up; continue trying to find a balance that works.
- #2 Talk to your parents about money.** What did they learn? What would they have done differently? What does their budget look like? How do they save?
- #3 Pay yourself first.** Put aside 10% each month into a savings account or mutual fund. Even five bucks a week is great. If you're in a good space financially (like six months into school) see if you can put \$20 a month into an RRSP. Even this small amount will make a big difference. Your future self will thank you!
- #4 Get educated about credit, including credit cards, interest and compound interest.** Credit providers will be throwing credit at you when you get to school. How will you make sure you have a good relationship with credit rather than a mess you're cleaning up well into your thirties? It's okay to admit you aren't ready for credit.
- #5 Read the small print before you sign any cell phone contracts.** Cell phones are great, but they can be expensive. Shop around to make sure you're getting the best deal. Talk to your cell phone provider about their plans. Take a look at the bill and figure out what each charge is for. Do you really need to spend that much in picture texts each month? See where you can cut back and save some cash.
- #6 Talk to your bank or credit union.** Financial institutions usually have special banking deals for students. Talking to someone at the bank can also give you insight on whether you have the right account (meaning, the one with the least amount of fees).
- #7 Research before making a large purchase.** Whether it's a laptop or a car, research ahead of time to find the best deal. Figure out how many hours you would have to work for a purchase. Is it really worth it? A car seems like a smart move, but don't forget to budget in gas, car insurance and maintenance.
- #8 Pack your lunch and brew your own coffee at home.** You'll be freeing up cash you can use to save up for a special purchase or a midterm break trip!
- #9 Get educated on predatory lenders like payday loans.** "It's a trap!" Steer clear of payday loans and fringe banks with high interest rates and lending fees. Payday loans can charge up to 59% interest on loans. Did you know you can deposit government cheques free at all banks and credit unions?
- #10 You're going to do great.** Make sure to build some fun into your budget. Figure out how much your budget can handle and take it from there!

**READ Saskatoon is a literacy organization that provides workshops throughout Saskatoon. To register or learn more, check out the events page at [readsaskatoon.com](http://readsaskatoon.com).**

*DISCLAIMER: This article is intended to provide adult learners with an opportunity to improve their financial literacy skills. While every reasonable effort has been made to ensure the accuracy of this material, READ Saskatoon expressly disclaims any liability arising from inaccuracies or misstatements. READ Saskatoon is not responsible for any factual errors or omissions, nor is it liable for any loss, claim, or demand arising from any use, misuse, or reliance upon the information. The views and opinions, expressed or implied, in this lesson plan do not necessarily reflect those of READ Saskatoon or its partners.*

# Megan GUSTAFSON

Journeyperson Hairstylist

*Megan Gustafson's parents are both journeyperson hairstylists, so you might think following in their footsteps was an easy career choice. Not so. In high school, Megan wanted to be a teacher. But she also loved clothes and the creative self-expression of the fashion world. That tipped the scale in favour of the family business, Manestreet Hair.*

## Did your parents push you toward the hair industry?

Because of who they are and what they do, they definitely had an influence, but they never said I should go this way or that. I knew that if I went into hairstyling, though, that I would want to work for them—it would have been too awkward otherwise. But I also knew I needed to find out if we could work together. As creative as I am, I like to know what I'm getting into. So, when I was 19 I spent a year working as a receptionist at their salon.

## How did you know it was a good career fit?

I knew I loved fashion and I knew I liked working with people.



## Did you need post-secondary training?

Yes, you have to get a learner's certificate to work in a salon. I went to Marca, but there are a lot of good schools out there.

## Any tips on post-secondary training?

The thing to remember in a trades program is that it will be an intense amount of work in a short amount of time. You'll be at school all day, Monday to Friday, and then have readings. It's like a full-time job with homework on top. It can seem really intense at the time, but you get through it by telling yourself it's just for a short amount of time.

## How long does it take to become a journeyperson?

It might take four years to get your journeyperson's. You do all your schooling up front, so you're just building up practical hours. And working, for me, isn't as intense as school. When you have the hours, you can take the exam—there's a written and a practical component. The great thing is that once you get your journeyperson's ticket, you have it for life.

## Did you have to interview for your job?

Yes, I had the craziest interview with my parents!

## What's it like starting out?

In your first few years, you work for someone else and make minimum wage or a little better. Once you get a chair in a salon, that's when you can grow. It takes time to build up your clientele, and you have to remember that that's your job. Sometimes new stylists think it's up to the salon to get clients for them, but it's a joint effort. You want to do everything you can to build your clientele. When you do, you can be very successful, both financially and professionally.

## Any tips on building clientele?

Listen to your clients when you're behind the chair, they're your best network. They'll bring their friends and spread word-of-mouth. They're your most cost-effective advertising.

## Have you done professional development?

Lots. School gives you the basics, but you need to develop. Apprentice under a journeyperson stylist, take advantage of classes put on by distributors, go

to hair shows. Competitions grow you personally and professionally; they also help you build clientele.

## What do you like most about your career?

The people—my clients.

## What's the most valuable skill?

People skills and communication skills—those are key. You can learn to be a good colorist and hair cutter, but it's your personality that will make clients love you and be loyal to you.

## Any advice for high school students?

Try to get experience in lots of different things. See if your high school has a work-ed program or job shadowing. Talk to people in jobs you think you'd like. I think it's important to see what's out there. And whatever you decide to try, give it 100%.

## The Trade:

- Before you can work as a hairstylist, you must get a learner's license from the Saskatchewan Apprenticeship and Trade Certification Commission (SATCC).
- To get your learner's license, you need to take a pre-employment technical training program.
- There are pre-employment training programs offered at public and private vocational training schools around the province.
- It takes two years, including your training, for an apprentice to complete training in this trade and be eligible to write the journeyperson's exam. No additional levels of technical training are required.
- Getting interprovincial Red Seal certification allows you to work across Canada.

## Learn more

Search the [National Occupational Classification](#) website, NOC code 6341. Visit the [SATCC](#) website for information on trades careers. Or check out the [Hairstylist](#) page at <http://www.saskapprenticeship.ca/designated-trades/hairstylist/>

People skills  
and communication skills—  
those are key.



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- Correctional Studies Certificate - Nipawin (Sept. 2014)
- Office Education - Tisdale (August 2014)
- Practical Nursing Diploma - Melfort (application deadline - Mar. 29, 2014; Feb. 2015)
- Truck Driver Training - Prince Albert Rural (Oct. 2014)

**Part time:**

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## It wasn't long before sparks flew...



I've always enjoyed making something out of nothing. I'd heard about the SIAST accredited Welding program at Southeast Regional College, but I wasn't sure if it was really for me. A couple of my friends had been through it and urged me to just try it, so I did. It wasn't long before sparks flew!

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# SOCIAL MEDIA Do's & Don'ts



- **If you say it, it will last.** If you wouldn't say it to your mom/teacher/boss/boyfriend, don't post it online.
- **Monitor your security settings.** Have you heard the story of the girl who posted her party event on Facebook and left the setting at Open to the Public? Thousands of unwanted guests showed up.
- **Never give out your password.** Did we say never? If your boyfriend/girlfriend insists on checking in on you, just say no!
- **Only 'friend' your friends.** If you don't know them, why would you 'friend' them?
- **Tag photos with care.** If your friend posts a photo of you that's in bad taste and tags you, you need to (a) untag yourself and (b) ask your friend to remove the photo.
- **Applications may not be your friend.** Be careful when allowing applications to access your Facebook account. This is the easiest way for someone to hack your account.
- **Try LinkedIn.** LinkedIn is like Facebook for professionals. Use it as your online resume, so be sure it looks professional.
- **When in doubt, take it out.** If you think any of the wall postings, friends, applications or photos you've uploaded might hurt your chances of getting the job, remove them.
- **If you're out, don't tell about.** If you want to invite someone out, don't use Facebook—call, text or instant message.
- **To post or not to post: With posting comes responsibility.** No posts/pictures that are profane, sexual or show drugs/alcohol. Beware of posting things of a sensitive nature.





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Early Childhood Education

Home Inspector Course

EDUCATIONAL Assistant

Heavy Equipment Truck & Transport Technician

Nutrition Coordinator

Safety Tickets

PLUMBING & PIPEFITTING

business

Victim Services Coordination



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Battlefords Campus



# Volunteer Your Way TO A CAREER

"I'm sorry, we can't hire you because you have no experience." If you've heard this line before, then you've also probably wondered, **"But how am I supposed to get any experience if I can't even get hired?"**

In a word: **Volunteer!** Volunteering can be the single, determining factor between an inexperienced person getting hired ... or not. Just ask volunteer extraordinaire Alexis Nyandwi.

*"Volunteering is just part of my life; it's what I was taught by my parents: do unto others what you'd like them to do to you," he says.*

Alexis fled his home in Rwanda as a child. After finishing high school in Kenya, he moved over 8,000 miles to Saskatchewan to study engineering. His love of community and helping others soon led him to volunteering with many organizations: Saskatchewan Council for

International Cooperation, Mennonite Central Committee, United Nations Association of Canada and community sports teams. He also created Room for Improvement Youth Development (RFIYD), an organization designed to combat youth poverty globally.

Alexis's volunteer work will pay dividends in his engineering career, but his experiences are also opening doors in three critical ways: learning, training and growth.

Find out more about Alexis and RFIYD at [relevancemag.ca](http://relevancemag.ca)



**VOLUNTEER**



## Learning

Discover an Occupation, Develop New Skills, Have Fun!

Have you ever taught English to a new Canadian? Built a house? Used a database to organize an event? You might discover that you have a knack for languages, are handy with a hammer or are a whiz with numbers.

Volunteering is a great way to learn about a new industry. Plus, you'll be able to develop real skills that employers are looking for, both hard skills (e.g., public speaking, organization, database management) and soft skills (e.g., responsibility, initiative, leadership). Even better, volunteering is a great way to find new interests and meet new friends. Alexis met his wife while volunteering.

- **Tip:** *Not-for-profit and charity organizations offer a variety of volunteering experiences. Open Door Societies offer a chance to work with new Canadians, Habitat for Humanity lets you build homes for those in need, and many charities need volunteers to help with annual fundraising events.*

## Training

Build Your Resume, Build Your Network, Gain a Reference

Once you've found something you like to do, you'll be able to really develop a skillset that employers want. By continuing to volunteer, you'll be gaining something employers value even more: experience! Alexis, for example, started his organization to help shed light on issues affecting youth in his home country. Along the way, he gained experience as a talented organizer, leader and motivator.

The friends you make through volunteering can begin to form your professional network—it's a great way to find a job. This is known as the 'informal' job market, and it is one of the best ways to advance your career. You'll also be able to develop professional references, a necessity when looking for a paid position.

- **Tip:** *If your volunteer experience is more relevant to a potential job than your actual work experience, try combining both into one 'experience' section on your resume. And remember to request a letter of reference from the organization you're volunteering with—after 3 months is a good time to ask.*

## Growth

Help Your Cause, Help Your Community, Help Yourself

People volunteer for their passions. If you love music, you might volunteer for the symphony. If you like animals, you might volunteer at the SPCA. If you love sports, maybe the local hockey team needs help.

Whatever your passion, there will be an opportunity to make a difference in your community. Alexis is using his growing skillset to help communities in Africa as well as in Saskatchewan. "I want to make Saskatoon a community the world can learn from," he says. "What's life if you can't dream, right?"

- **Tip:** *Finding a group or cause that you're passionate about makes time spent volunteering more like getting together with friends than work. Try a few different types of organizations to see what suits you best. The skills learned, experienced gained and friends made through volunteering are bonuses along the journey that is your career.*

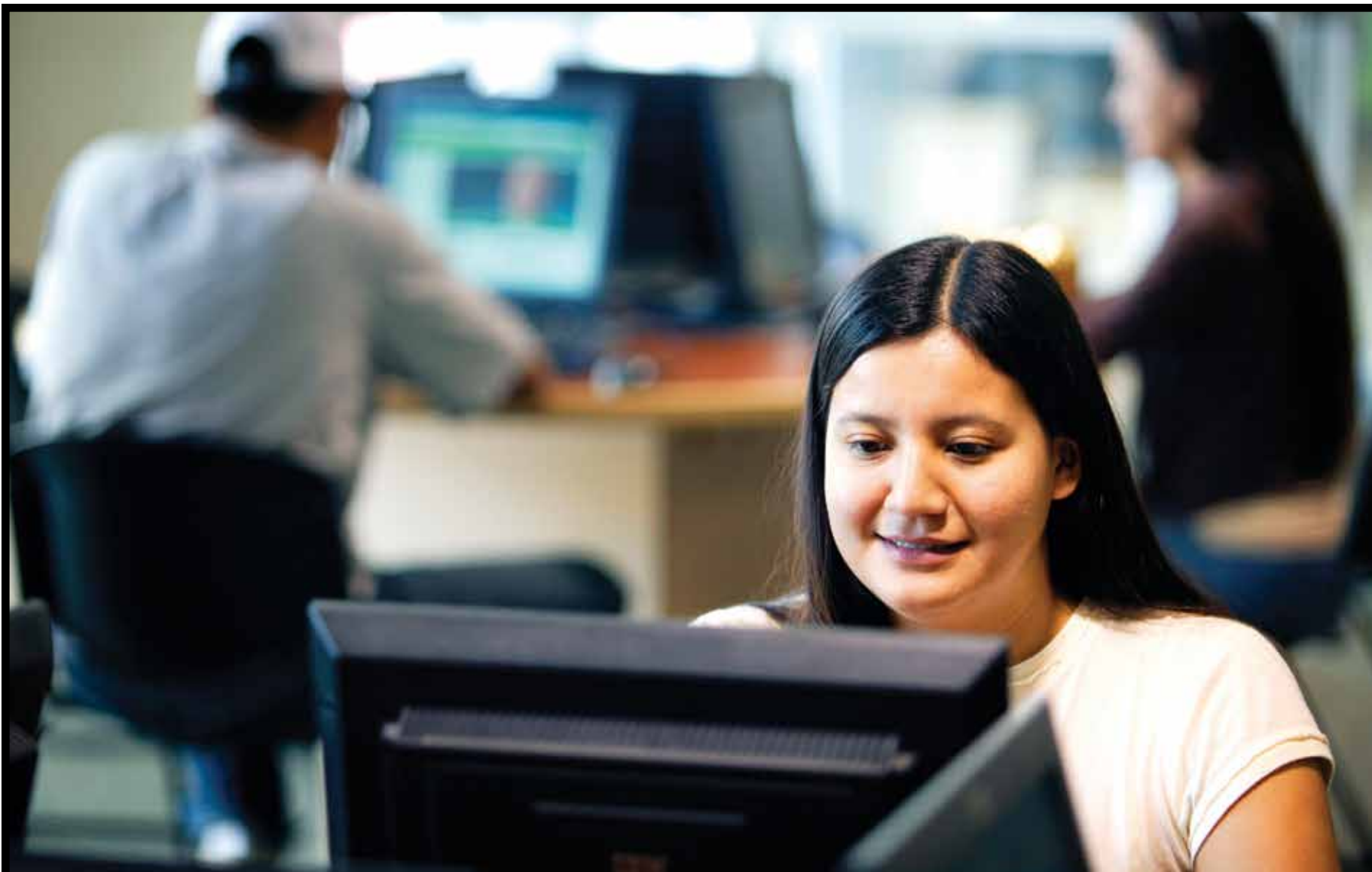
In 2009, Alexis launched a RFIYD project that took nine university students to Kenya, Uganda, Rwanda and Tanzania. The result was the documentary film, *Kumva Neza* (Rwandan for 'to better understand'). The film looks at the reality of life in East Africa and the role youth play in creating change. It is available for purchase at McNally Robinson, the U of S Bookstore and Escape Sports.



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